



Student Wellbeing Clinic

Dear Parent/Guardian,

We currently provide a health service in school to all students. This drop in facility known as 'THE STUDENT WELLBEING CLINIC' is open to everyone. Drop in sessions are advertised internally with our students and operate during the hours of 12.55pm - 1.50pm and are overseen by our Specialist Public Health School Nurse Team.

They are qualified to offer our students confidential advice and support in the field of Relationship and Sex Education (RSE) including;

- General advice
- Counselling
- Relationships
- Lifestyle Choices
- Condoms
- Contraception
- Emergency contraception
- Pregnancy tests
- Chlamydia screening
- Referrals to GP or 'Two become one' – Suffolk Sexual Health - Ipswich Hospital Sexual Health Clinic & Trotman Court Clinic (Orwell Clinic, Lindburgh Road, Ipswich) where appropriate.

We launch this service to our students via assemblies and our wider curriculum.

We see this as a positive feature of our pastoral care and coupled with our RSE delivery across PSHEE (Personal, Social, Health & Economic Education) hope to support our youngsters in making informed decisions about their own personal wellbeing, health and approaches to relationships as they mature into young adults. This service has now been running in the school for many years and has proven to be very successful in meeting the needs of the students.

Yours sincerely,

L D Warfield

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Assistant Headteacher