

ISSUE 10 • SUMMER 2018 2018

HIGHLIGHTS



SUMMER EDITION 2018

It's on all Red Sports Day



In association with
STUDENT *life*

MEET THE TEAM

HIGHLIGHTS Magazine is brought to you by our students

Journalism and Photography by:



Harry Tibble



Regan Tuck



Arun Maudhoo



Lushan Maudhoo



Kitty-Boo Capey



Thomas Lewis



Fraser Girling



Jake Foreman



Finley Ashley



Ella Wendon-Blixrud



Patrick Holland

WORDS FROM THE HIGHLIGHTS STAFF

Farewell from the Highlights staff

It is with great pleasure that we now bring to you our Highlights Magazine completely run by the students. Kitty-Boo Capey, Year 7 has taken on the huge role of Editor of the Magazine. Additionally, Ella Wendon-Blixford is now our head of photography and Finley Ashley our design editor. We now have a complete student Highlights team. The students have excelled themselves in making this publication possible. Our mission from the start was to get students running the Highlights Magazine and interested in print media. We are so pleased to be able to handover the student magazine to the students and let them make it their own. We are passionate about encouraging students at Kesgrave and it was the reason why we worked so hard to get this publication off the ground ready to handover to our students. The Highlights team are a great mix of students that give up most of their lunchtimes to work on the magazine, and although we are stepping back, we will be on hand to help in anyway. We are always looking for eager students to join and get involved and I would encourage anyone to come and get involved.

Well done Team!

Mr Barber (Former Highlights Design Editor)

Welcome To Highlights

Welcome to the summer edition of Highlights. And what a year it has been!

At the beginning of the year Highlights was still an online publication, however with the support of Kesgrave High School and StudentLife this is now our 4th printed edition.

Thanks to StudentLife's great support Ufford Park Hotel are now sponsoring Highlights and we can continue to bring you Highlights every term with the print cost paid for by Ufford Park Hotel. We have a fantastic group of students who have taken this opportunity and given up their lunchtimes to bring you this magazine. We are now fully run by the Students and we are still looking for more to come on board... What a fantastic opportunity to get learn about print, media, design and journalism. A skill that not only aids education but a skill you can put on your CV.



KITTY-BOO CAPEY STUDENT EDITOR

We sincerely hope you enjoy this terms edition of Highlights as much as we have had making it. It been a great year and we have had learnt so much as a team. We wish you all a very restful and fun break and wish all our luck to the students awaiting their GCSE and A-Level results the best of luck.

Best Wishes

Kitty-Boo Capey
Student Editor

Contents...

SUMMER FASHION	4 - 5
HOME WORK GUIDE	6
WATER SAFETY.....	7
AREA 25.....	8
WIPE-OUT AQUA PARK	9
FILM REVIEW.....	10 - 11
HOUSE COMPETITION.....	12
SIXTHFORMLIFE	13 - 18
DANCE NEWS.....	19
TECH NEWS	20 - 21
INTERVIEW WITH MR CANE.....	22 - 23
SPORTS NEWS.....	24 - 31



SUMMER FASHION

*This summer
pastels are
becoming
extremely popular*

This summer pastels are becoming extremely popular, there is a vast majority of clothes and accessories you can buy for prices ranging from little to large. You can find lots of pastel clothes and accessories at reasonable prices from Primark. Celebrities as such as Ariana Grande and Little Mix are

WRITTEN BY KITTY-BOO CAPEY

currently wearing these!

Another popular clothing choice this summer are vibrantly coloured floral patterns. These look great on a pair of shorts for relaxation to a nice dress for a meal out!

A great trouser shape are culottes they are comfy stylish and can keep you cool this summer. Zara are selling these in all the colours of the rainbow. The most fashionable colours are white, dark red and camouflage green.



Guys Fashion

An extremely popular clothing choice for boys is a short-sleeve denim shirt these work for day time and the evening. There are many shops you can purchase these from but I recommend looking in primark and h&m for cheaper options.

Another great choice are long shorts. Long shorts are shorts that come down to below the knee. The most fashionable choice for these colour wise are mustard, black, white and blue. You can find these at really reasonable prices from Hollister.

A cool, fashionable



A QUICK GUIDE ON HOW TO DO HOMEWORK

WRITTEN BY **PATRICK HOLLAND**

We've all faced it before – the daunting prospect of having to face a History essay or a Science project... at home! And, if you're anything like me, you will probably leave it until the night before – not good! What may seem like such a simple task is actually quite difficult. So, how do you do homework properly?

TIMING

Let's say you get set a Geography assignment on Wednesday, due in exactly a week's time. So, when do you complete it? Well, the best time to complete a task (on this occasion) would be at the weekend. This is so you can still remember most of all that you learnt in the previous lesson, and you can recap all you learnt just in time for the next week so you constantly have all you learnt in the back of your minds. Also, time-wise, you should attack that tricky Psychology problem in the morning rather than the evening, since your brain thinks better than any other time for most people; but seeing as you take Psychology, you should already know this...

THE INTERNET

Obviously, if your task involves the Internet, then you should use it. Otherwise, you should probably refrain from using it, unless absolutely necessary. Just remember, anyone can put false information on the web, so

if you do use it, try to either double-check information found against other websites and use trustworthy sites such as BBC Bitesize or similar, not Wikipedia! Also, spend a moment digging in the bottom of your bag for your French dictionary instead of using Google Translate – it can have disastrous, but sometimes quite funny, consequences!

HOW LONG SHOULD I SPEND?

Disregarding any exceptions such as being set a piece of extended homework or being told to complete one quick question, you don't want to be spending an age doing homework, or rushing it and getting a low grade either. So, how long should you spend on your average assignment? I would recommend about half an hour; enough time to put the effort in but not so much that you waste the whole week away trying to find the value of x in the equation $6(23.6x - 92x) \div (97 + 7x) = 56.842$. Obviously, you should attempt to finish it, but if you can't, go to speak to your teacher – another reason why you shouldn't leave your homework 'til the night before!

So now you know how to do your homework correctly!

(By the way, x is roughly -6.82137)

BE WATER AWARE

WRITTEN BY **KITTY-BOO CAPEY**

A big part of this summer is having fun in the water but to have fun we need to be safe. It is crucial that you are aware of the dangers water can cause and take this cause seriously.

BEACHES

Beaches are lots of fun but the water can be very dangerous here are a few top tips to remember: it's colder and stronger than it looks; don't go out of your depth; don't swim in the sea alone and most importantly make sure there is a lifeguard on duty.

Pay attention to signs and flags, the most important flags are purple flags, which means there are marine pests (stingrays, jellyfish and dangerous fish). Green flags mean low hazard and that it's safe to swim there. Yellow flags mean medium hazard, small currents. Swim between the red and yellow flags this is the safest place to swim as there is normally a

lifeguard watching between them. Black and white checkered flags means surf boards and powered water crafts don't swim here.

LAKES, RIVERS AND PONDS

Although the idea of a dip into a river or lake may be appealing on a hot day, You never know what is under the water! Thick weed, rocks and sinking mud can make inland water one of the most dangerous places to be near. Alton Water for example has a depth of over 50M! If its not a dedicated swimming place never enter the water. Also if you find that a life-aid has been removed report it immediately. Never remove these items as they are there to save lives!

REMEMBER:

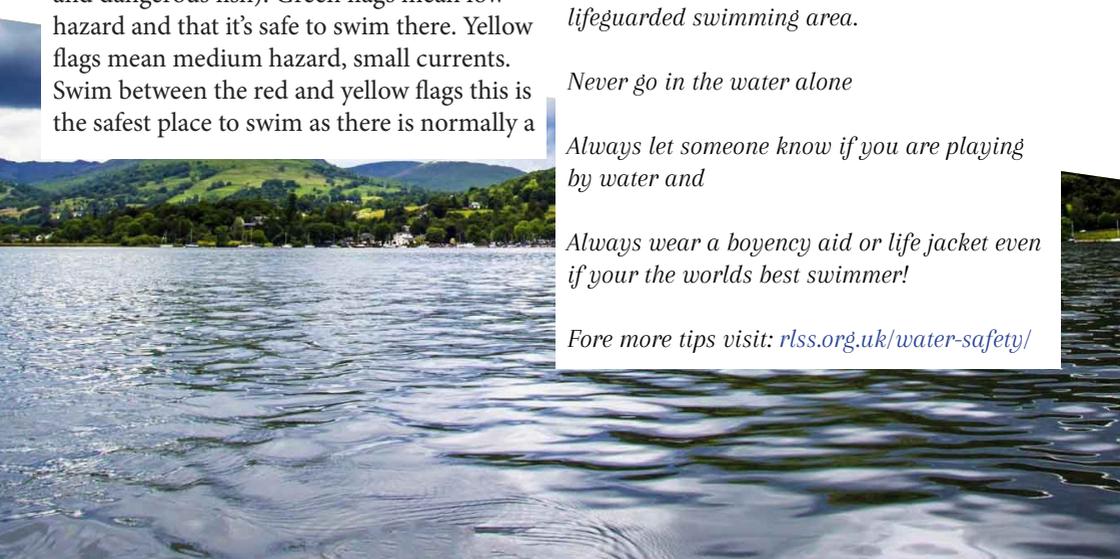
Never enter the water unless it is a properly lifeguarded swimming area.

Never go in the water alone

Always let someone know if you are playing by water and

Always wear a buoyancy aid or life jacket even if your the worlds best swimmer!

Fore more tips visit: rlss.org.uk/water-safety/



SUMMER FUN

WRITTEN BY FINLEY ASHLEY

Area 25 is an indoor skate park that opened over 5 years ago. It welcomes BMX, skateboarders, scooter riders and inline skaters. There are ramps suitable from novice to experienced, my favourite is the roll in. There is also a street section that has quarter pipes and a jump box. You must wear a helmet if you are under 18. If you don't have a helmet or have forgotten one they are available to hire. Scooters are available to hire to see if you enjoy it. On your first visit to the park you must have a consent form signed. Forevermore another great thing you can get there is a loyalty card for a brilliant price at just 50p and are available at reception. After 9 visits if you get your loyalty card stamped you can get the 10th one free.

If your birthday is coming up soon Area 25 is available to hire. This is a great thing to do as you get the whole park to your self along

with your mates. You can also hire scooters and instructors are available on request.

Parents and siblings can spectate from the viewing area and purchase a variety of refreshments including a cup of tea for just £1. Every other Sunday between 10:00 and 12:00 there are scooter lessons for £10. The people that run these lessons are older and experienced riders that will teach you anything you want to learn. If it's a ramp or a trick they will teach you it. Another great thing I like about Area 25 is that all the staff are friendly. They will fix your scooter if it has some bolts lose or if you have any requirements you can just ask. There is a shop that sells scooters, scooter parts, BMX parts, helmets, gloves, pads and more. Area 25 is located at 25 Betts avenue, Martlesham, Ipswich, IP5 3RH (this is easily assessable on the route 66 bus) their phone number is 01473 806119 for more information visit their website www.area25.co.uk. So why not put down your games controller and try something different.

AREA 25





WIPE-OUT AQUA PARK AT ALTON WATER

WRITTEN BY **FRASER GIRLING**

This summer at Alton Water a wipe-out style aqua park is arriving. This is thought to be the biggest of its kind introduced to the UK. The park will be great fun for all the family, whether you enjoy watching or participating in the activities. This will be a great new addition to the list of fun and exciting things like: walking, sailing, rowing, cycling and many more that are available at the reservoir.

The temporary water park is here for 9 weeks from the 7th of July to the 9th of September. The course has over 72 obstacles including: trampoline jumps, slides, climbing walls, and balance bars for the participants to conquer. Just like being on the television programme wipe-out!

ARE YOU UP FOR THE CHALLENGE?

If so you need to be over 1.3 metres tall because height restrictions apply. You also need to be able to swim in open water for 50 metres with a life jacket on. Don't worry about getting cold and wet though as they provide a wetsuit to wear in the water. If you are 8 years or over you can participate without being supervised in the water by an adult, but they still have to be on the shore. If you are under the age of 8 however, you need adult supervision in the water at all times.

ARE YOU READY TO GET WET?

Ticket are £20 for an hour session which includes a 10 minutes safety demonstration and 50 minutes on the course. They advise you get there well in advance of your booking because if you miss your slot they will not refund your money.

"So what better excuse to get your own back on your brother or sister this summer".

Alton Water Sports Centre is a fun, safe place for the whole family to enjoy. As well as an action packed day on the course, Alton Water is set in a beautiful part of Suffolk just south of Ipswich in the Village of Holbrook. It's a fantastic place take a picnic or there is a cafe on site serving both hot and cold food and drinks.

However don't forget to bring some change for the car parking.

If you want to find out more or book a slot visit: www.aquaparksuffolk.co.uk

Why don't you go along and have a great day out.

SPOILER-FREE REVIEWS: AVENGERS INFINITY WAR



REVIEWED BY **PATRICK HOLLAND**



It is arguably the biggest cinematic event ever – but does it work? Yes, yes it does.

Firstly, before you go and see this movie, you need to have watched, or at least have a large knowledge of the events of, most of the 18 MCU (Marvel Cinematic Universe) films, especially Thor: Ragnarok, Captain America: Civil War, Guardians of the Galaxy Volume One, Black Panther and Avengers: Age of Ultron. If not, go and watch them, or at least watch a video on YouTube of them. You will also need to have watched/heard about most MCU movies to understand my review too.

Also, remember this is a spoiler-free review, so I'm just going to tell you how good it is, a basic preview of the plot and a recommendation on whether you should go and see it, if you are one of the only Marvel fans who haven't seen it. So, without further ado, let's begin...

It has been hyped about since the post-credit scene of 2012's Avengers film; Thanos (Josh Brolin) was sure to be Marvel's most powerful villain yet, if not ever. One of the reasons Infinity War was so different was the fact that the main protagonist was the villain. What I admire the movie for is managing to balance a huge cast of characters from different movies together whilst still focusing on the dramatic, heart-breaking story AND keeping some of that trademark Marvel heart and humour visible in most later

movies, with some hilarious scenes and lines involving characters such as Drax (Dave Bautista), Spider-man (Tom Holland) and a hilarious scene near the beginning involving Doctor Strange (Benedict Cumberbatch), Wong (Benedict Wong) and currency issues.

The main plot line is based around Thanos trying to find all of the Infinity Stones – ancient artefacts which grant the owner powers. If he gets all six of them, Soul, Power, Mind, Time, Reality and Space, he could destroy half of the universe's inhabitants at the snap of his fingers. Literally. And it's up to heroes such as Iron Man (Robert Downey Jr.), Thor (Chris Hemsworth), Steve Rodgers (Chris Evans), Hulk (Mark Ruffalo), Star-Lord (Chris Pratt), Spiderman (Tom Holland) and many more to stop him!

When I watched the first scene, I was blown away, and I thought the movie would never be able to keep it up for another two and a half hours – but it did, although it did seem slightly rushed at times for such a long movie. The jokes almost never felt out of place, the action was nearly constant and the acting was superb.

WATCH THIS MOVIE. YOU WON'T REGRET IT.



WRITTEN BY **JAKE FOREMAN**

CAPTURE THE FLAG

It's time for another inter house competition here at kesgrave, and this time it is capture the flag!

As students of Kesgrave are aware, every half term a different house puts on a competition to win points for their house. This term it is capture the flag! Each inter house competition takes place over the space of one week, a different day for each year group. All the houses took part to try and win as many points for their house to help them win the house cup at the end of the year.

Last year Nuffield House came out on top, with a joint effort from all the members of the house who took part (all of the students that took part put in their best efforts too).

Capture the flag is a sport/game that has two teams, each defending a flag. The first team to take possession of the opposing teams

flag and put it with their flag wins! It sounds very easy, however the rules prevent players from going out of bounds, and being able to tag players back in makes it a game of real strategy. The games could go on for as little as five minutes or as long as thirty! A key part to the game is the 'jailbreak' aspect, it is used when there are multiple players in the opponent's jail, and someone sets them free. All the released prisoners still have the possibility of being caught again though, as they still have to run back to their side!

This year Barder House came out of the week as the top team, having played well throughout. All teams who took part played really well and showed great team spirit. Overall every single student that took part, and all the teachers and students who stayed and supported their team, enjoyed the week of sport.

Well done all!

SIXTHFORM LIFE

DANCE NEWS

28TH MARCH AS/A2 DANCE TRIP

The AS/A2 students and staff went to London to watch the critically acclaimed Sutra at Sadlers Wells. This informed the student's practical and theoretical studies as it is one of the Set Works on the A-Level Specification.

The collaboration between choreographer Sidi Larbi Cherkaoui, Turner Prize-winning sculptor Antony Gormley and 19 Buddhist monks from the Shaolin Temple in China



is an incredible spectacle of athleticism, exploring the philosophy and faith behind the Shaolin tradition and its relationship with Kung Fu within a contemporary context.

10TH MAY - DANCE TRIP

Open to all KHS Dance students for continued hard work, interest and enthusiasm in the subject.

42nd STREET, is the song and dance, American dream fable of Broadway, featuring the iconic songs 42nd Street, We're In The Money, Lullaby of Broadway, Shuffle Off To Buffalo, Dames and I Only Have Eyes For You. With the West End's biggest cast, this



is a musical like no other, entertainment doesn't get bigger than this.

15TH JUNE Y10 GCSE DANCE HIP-HOP WORKSHOP

Joseph Toonga (Dance Artist & Choreographer)

is fascinated with the rawness, compactness and precision that Hip-Hop provides and how he can fuse it with the shaping and structure more commonly used in contemporary choreography. This supports the stylistic features of the GCSE Dance Anthology work 'Emancipation of Expressionism' which the students are currently studying.



The Y10 students enjoyed a three hour Hip-Hop workshop comprising of Popping and Krump Styles. They had to be quick on their feet with past paced delivery and high energy choreography.



WRITTEN BY **JAKE FOREMAN**

You're looking to get a new phone, and you're faced with a hard decision. Apple or Android? Everyone will have a different opinion on what you should buy. All phone vary massively in cost, And the user interface changes on each phone manufacturer. So what really is the best phone to buy? An Apple phone or an Android phone?

INTERFACE

The interfaces on all Apple phones are the same however as the Android market consists of many different manufacturers each phone has a slightly different interface. Most features on android phones are consistent across makes such as the on / off and volume buttons. Most Android phones also have a slight variation on the navigation menu depending on the model. However Apples Iphone has the same navigation menu on all of its phones, so jumping to a newer Iphone wont feel so alien. Another key difference is how the User Interface is

displayed. Key features on both interfaces are things such as the battery power, the time and the Internet connection. I have found the Iphone gives more info than most Android phones as it shows if you are connected to Bluetooth, and what network provider you are using. I have found most Android phones User Interfaces to be simpler and only shows the most basic information.

APPS

A big deciding factor that differs on each phone is the apps. Apple has its own App Store, and Android has the widely used Google Play Store. Apple are strict on what apps they allow onto the App Store, whereas Android are more lax. Some people say they are too lax, as a recent article showed a non genuine version of WhatsApp was uploaded, with millions of people downloading it before it was finally removed which was not good for user security. The strictness of Apple can be seen by the amount of apps available to download. At present there are about 1.4 million more apps on Google Play

A hand holding a silver iPhone 6s. The phone is held vertically, showing its back with the Apple logo and camera. A large, stylized red text 'ANDROID' is overlaid on the bottom left of the image, partially obscuring the phone and the hand. The background is a blurred green and blue, suggesting an outdoor setting.

ANDROID

than the App Store. If you do opt for an Apple phone however; Research has shown that you are more likely to save money on apps from the App store showing there to be over three hundred thousand more paid for apps on google play.

GAMING

Both the App store and Google Play offer a vast selection of the most popular games. And consumers may be looking to buy a smartphone just for the gaming. Looking for a phone that with a fast processor, bigger storage capacity and long battery life may be the key factor when choosing your next phone. Apple phones can fall short here as they offer no expandable memory and many Android phones offer faster processing power.

BATTERY LIFE

There is an ongoing debate as to what phones offer the best battery life. Apple have been criticized by many Android phone makers seeing them as having a poor battery

life. Apple have even seen recent updates consuming more battery life angering there users. On all platforms it all does depend on how new your phone is, the physical health of the battery and the type of applications you are running. However studies have shown Android phones to be more frugal with their battery usage.

WHAT SHOULD YOU CHOOSE...

Ultimately it all comes down to your individual preference. Apple phones are generally more expensive than phones on the Android market. Both will run nearly all the same applications. However in terms of the overall interface and user experience, I feel Apple is a better phone. Apples attention to detail and easy user Interface makes it good for all users. However it comes at a price. Samsung's Galaxy S9 is £499 whereas Apples Iphone X is a whopping £999. Is it really £500 better?

Only you can decide that one.

Interviewing MR CA

WRITTEN BY PATRICK HOLLAND

Ever wondered what a teacher gets up to in their spare time, or why they decided to become a teacher? Well, today I found out...

Hello Sir. Before I start asking you some silly questions, let's get the more serious questions out of the way. What or who inspired you to become a teacher?

My dad. My dad was a geography teacher and my uncle was a headteacher, so it runs in the family. Another thing was my surname. My friends all picked me up on having a surname like the beating stick. Obviously, this was a time before Harry Kane!

Was history always your favourite subject, or did you used to prefer other subjects?

In high school I always liked history, but English was equal to that in my opinion. I always loved English, but I loved science too. It was only until I reached Sixth Form that I realised that history was my favourite.

One more sensible question. What, in your opinion, is the best thing history can help you with in modern life?

To work out the 'truth' and compare news stories, thinking about where information comes from, especially on the Internet. What I'm not going to say is the clichéd one – you know, history repeats itself and all of that.

That is useful. Now on to the more random questions. You are famous around the school for your Starbursts, but which flavour do you like to save for yourself, and

which do you not like as much?

Green. Green is my favourite without a doubt. As for the worst... hmm... I'm going to have to say blackcurrant. The purple one. They are all nice though.

No-one likes the purple one as much, do they? Also, what is your one pet hate that you absolutely despise when people do it?

Selfishness. I hate selfishness in any form.

That is very annoying. What sauce do you prefer on your chips: ketchup or mayonnaise?

Ketchup.

What do you do in your spare time, and what music do you listen to the most?

Music... this is going to annoy some people... I listen to anything, whatever fits the mood. In my spare time I like to see friends, watching movies, playing video games, road trips with friends and, at the risk of sounding nerdy, visiting historical places such as museums and castles.

Finally, to end on the most important question, is the cake a scone like gone or scone like cone?

I'm sorry if you don't agree with me, but it is scone (as in gone).

OK. Thanks for chatting, and have fun eating lime flavoured Starbursts and eating chips with ketchup when you get home.

ANE



SPORTS NEWS



WRITTEN BY **LUSHAN MAUNDHOO**

In the week commencing Monday the 14th May to 18th May, five of the Kesgrave football teams managed to make it to the County Cup finals for the second year in a row! The games took place at Needham Market Football Club. The teams that got to the final included the Year 7 Boys, Year 8 Girls, Year 9 Girls, Year 9 Boys and Year 10 Boys.

It was amazing for the PE department as every team that got to the final won! In total there was 9 finals and Kesgrave got to 5 of them. It was even better for the Year 7 boys because they were the first ever Kesgrave

team to be County Champions. It was a great experience for everyone as there was a lot of support and free food!

There was also a famous person to hand out the medals and trophies, his name was George Burley and he has 628 total appearances in his football career. He also managed Ipswich Town to an FA Cup about 40 years ago.

Hopefully next year the five teams will get the winners medals again and maybe see all the others teams as well.



TEAM:

James Markham, Owen Markham, Lushan Madhoo, Arun Madhoo, Ruben Swan, Ben Batho, Noah Gillings, Mackenzie Tavis, Rory Jarrett, Josh More, Callum Brooks, Tarek El Hurseiny, Fin Mils, Shane Shimon, Regan Tuck.



Kesgrave are the U14 National Basketball Champions!!

On Sunday 13th May, Kesgrave made school history and became the U14 National Basketball Champions.

We travelled to Manchester Basketball Performance Centre with a team depleted in size. Only 6 of the original 9 girls in the squad were able to travel on the day so we knew the day was going to be tough. After a very early start (6:00am meet) we travelled to Manchester for the Final Fours competition.

Our semi-final game was against Reddish Vale School from Stockport, Manchester. After a tight start Kesgrave found their passing game and ended up easy winners 76-60. This put us through to the final to play Aylesbury High School. Both teams had some very good, evenly matched players and the game was tight all the way through but Kesgrave managed to cling on for the win 53-50.

Susannah Rafiu won the MVP for the game scoring 27 points in the final, but it was a great team effort by all players.

Special thanks must be given to Daniel Manning (Year 11) who was the team coach for the day providing all the tactical plays and encouragement for the girls, to Mr and Mrs Manning for driving to Manchester with the team, Mr Ling and Jess for their support and photos and Anything Print for providing t-shirts for the day.

Squad names: Yasmin Ling, Olivia Manning, Mia Chandler, Eva Asemota, Makenna Williams and Susannah Rafiu

Prior to reaching the finals the girls played 2 more qualifying games since our last edition of highlights. We travelled to Northampton School for Girls for the Zone 1 game, and in another very close game Kesgrave won 70-67. This was followed by a trip to Rawlins Academy, Loughborough for the Zone 2 game. This game was more comfortable with another great all-round team performance with Kesgrave winning comfortably 68-46.

Squad names: Evie Pilch, Lira Vite, Yasmin Ling, Olivia Manning, Mia Chandler, Eva Asemota, Makenna Williams and Susannah Rafiu

SPORTS DAY 2018

Sports Day 2018 was another fantastic day. The weather was hot, but the intermittent cloud cover and light breeze meant the day wasn't too unbearable. We had some exceptional individual performances with record broken by Chloe Gilbert (Year 8 Girls 800m), Tatiana Flores (Year 7 Girls 300m) and Susannah Raftu (Year 9 Girls High Jump).

This year Hillary lost their title from last year to Bader. Well done to Mr Cane and Miss Leak as Heads of Bader and all the Bader students. Final Overall Results:

- 1st - Bader*
- 2nd - Keller*
- 3rd - Hillary*
- 4th - Nuffield*
- 5th - Royal*

Victor and Victrix Winners for 2018:
Year 7 - Ryan Grady and Tatiana Flores
Year 8 - Ben Syrett and Chloe Gilbert
Year 9 - Marcello Flores and Isabella Crawford/Grace King
Year 10 - Paulo Palmieri and Rebecca Stephenson

Millennium Mile Winners for 2018:
Aryan Arora and Isabella Crawford/Grace King

The House Points trophy went to Keller.

The Orienteering trophy was awarded to Royal.

The Overall House Cup for all the sporting activities throughout the year including the sports day totals went to Hillary.





See pictures from the day at www.kesgrave.suffolk.sch.uk

SPORT OUTSIDE

KESGRAVE HIGH

SQUASH SUCCESS

On Thursday 5th July we took 2 teams of squash players to the Suffolk School Games Finals in Bury St Edmunds. The boys were divided into two equal teams and players ranked 1 to 4. The boys played 10 minute games or, the first player to have a 10 point lead within the 10 minute time. The level of squash played by all students was exceptional, and the sportsmanship and etiquette amongst the boys was excellent. In a very tight finish, Kesgrave 'Team Kian'



ended up as the winners of the event, winning more games by more than 10 points compared to Kesgrave 'Team Josh'. Well done boys!

Team Kian names – Kian Howard, Matthew Woolf, James Evans and Max Unwin
Team Josh names – Josh Perkins, Jody Howard, Matt Bloom and Jack Steward

FURTHER KARATE SUCCESS

On 25th May, Ruby competed at the premier league WKF junior K1 in Bulgaria where she fought amazingly well, narrowly missing out on the bronze medal and finished in 7th place out of 34 top fighters from around the world. So she now has a world ranking of 7th in female U14 kumite -42kg. She is also participating in the Austrian Open and the England regional championships where she has been selected again to represent the Midland region.

Well Done Ruby!

SWIMMING SUCCESS

Huge congratulations to Grace King (Year 9) who participated in the east region long course championships in May.

She came home with 3 gold medals and 2 silver medals and some massive personal best times which will see her in British championships this summer. This was a big competition competing against 21 other clubs in the east region.

Well Done Grace!

BADMINTON SUCCESS

Many congratulations to Alex Laker and Lucas Campbell-Robson who recently competed at the National Junior Badminton Finals. It was held at the National Badminton Arena in Milton Keynes. Although they didn't place, they had very close matches and we are very proud that they held their own at such a prestigious event.



ATHLETICS 2018

“What a season”! We have had close to 150 pupils represent the school in various track and field events at Northgate and Bury St Edmunds stadiums, many competing at such venues for the first time and gaining a tremendous experience. There have been many incredible achievements including personal bests and podium positions both locally and across the county which

has brought further opportunity, as well as impressive honours. Kesgrave boasted 9 athletes who were selected to represent Suffolk at the Anglian schools championships, and a few more who just missed out or were unable to attend. From here 4 pupils were selected through qualifying standards to compete at English Schools, a phenomenal achievement. The participation levels and positive atmosphere at athletics club along with the support of the experienced athletes, has really inspired and encouraged individuals to compete as well as develop a brilliant team ethos. Huge congratulations to the teams and athletes below.

Results:

Team competitions	Year 7 Pool round	Year 7 Ipswich area final	Year 7 County finals	Year 8 League A	Year 9 League A	Year 9 County finals	Year 10 Ipswich area
Girls	7 th	X	X	7 th	3 rd	1 st	9 th
Boys	2 nd	4 th	4 th	5 th	3 rd	2 nd	3 rd

Super 8's	U13 Ipswich area	U13 County finals	U15 Ipswich area	U15 County finals
Girls	7 th	X	6 th	1 st
Boys	8 th	X	2 nd	4 th

County championships	Category	Result
Cameron Bailey	Senior boy 100m	1 st
Cameron Bailey	Senior boy 200m	1 st
Luigi Palmieri	Senior boy 400m	1 st
Matt Snowden	Senior boy 1500m	2 nd
Matt Snowden	Senior boy Steeplechase	1 st
Patrick Ashton	Inter boy 100m	1 st
Paolo Palmieri	Inter boy 100	6 th (PB)
Oscar Hunt	Inter boy 200m	2 nd
Archie Cleverley	Inter boy Discus	1 st
Oscar Hunt	Inter boy Shot	2 nd
Jacob Thomas	Inter boy Long jump	1 st
Jacob Thomas	Inter boy Triple jump	3 rd
James Evans	Junior boy 300m	2 nd
James Evans	Junior boy 800m	5 th
Jimmy Williams	Junior boy 80m Hurdles	4 th
Jimmy Williams	Junior boy Triple jump	2 nd
Georgia Battle	Inter girls 100m	6 th (PB)
Georgia Battle	Inter girls 200m	5 th (PB)
Jasmine Cant	Inter girls 200m	2 nd
Jasmine Cant	Inter girls 300m	2 nd
Morgan Frost	Inter girls 80m Hurdles	1 st
Ella Newby	Junior girls 200m	7 th
Madison Frost	Junior girls 75m Hurdles	1 st
Kate Bailey	Junior girls High jump	3 rd
Chloe Gilbert	Junior girls 1500m	10 th
Ruby Hunt	Junior girls 800m	8 th
Isabella Crawford	Junior girls 800m	7 th (PB)
Isabella Crawford	Junior girls Javelin	8 th

Anglian Championships	Category	Result
Madie Frost	Junior girls Hurdles	3 rd
Jasmine Cant	Inter girls 300m	2 nd
Morgan Frost	Inter girls Hurdles	5 th
Hannah Grubb	Senior girls Hammer	2 nd
Patrick Ashton	Inter boys 100m	4 th
Jacob Thomas	Inter boys Long jump	5 th
Jacob Thomas	Inter boys Triple jump	6 th
Archie Cleverley	Inter boys Discus	1 st
Archie Cleverley	Inter boys Hammer	4 th
Luigi Palmieri	Senior boys 400m	1 st
Matthew Snowden	Senior boys 1500m	8 th
Matthew Snowden	Senior boys 200m 5/chase	8 th

English Schools Athletics to be held on weekend of 14th July in Birmingham, we wish them all the very best of success.

Archie Cleverley	Inter boys Discus
Cameron Bailey	Senior boys 100m
Luigi Palmieri	Senior boys 400m
Jasmine Cant	Inter girls 4 x 100m relay

“What a season”!



WRITTEN BY **MATT WILLIAMS AND HARRY HASTE**

Year 9 Boys U14 Boys County Cup Final. It was a close encounter in the final of the Under 14 Boys schools County Cup final for the KHS year 9 boys team.

We played against a strong Stour Valley Community School team. We went 1-0 down after about 15 seconds due to a defensive mistake. But after we conceded we instantly took control of the game dominating for a long period of time, creating multiple chances. We then got back in the game before half time with a tap in from Elliot Karaalp. We went into half time level pegging with the momentum in our favour. Shortly after the break KHS took the lead due to a good passing play and a clinical finish from Sidney Barnsley-Sadasivan. From then on KHS continued to control the game creating more and more chances throughout the remainder of the game. KHS then put the game out of reach of Stour Valley getting a third goal from a cross whipped in by Marcelo Flores and headed home by one of the Stour Valley defenders for an own goal. After this KHS had more good chances but none resulted in a goal. The final score was 3-1 and KHS claimed the County Cup title and trophy the second year running – A fantastic team performance.

Year 10 Boys U15 County Cup Final

KHS 2 -1 Westbourne

Scorers – Ronnie Harris + Mason Sinclair
Player of the match – Mason Sinclair

Last year's amazing football achievement of having five Kesgrave teams in the county finals was a tough experience for the Year 10's. They were only five minutes away from victory but saw a late equalizer give the opponents the edge going into extra time where we eventually lost 3 – 1. Seeing lots of other Kesgrave High School teams being successful in their respective finals gave us the drive to have another push for the trophy this

year. Our opponents, Westbourne, had knocked us out of the English Schools cup earlier in the year meaning it was always going to be another tough and daunting cup final experience!

Kesgrave started the game excellently and our communication, effort and organisation was as good as it has been at any point in the season. The team were clearly raising their game collectively and individually. With Will excelling in goal and our whole back four keeping Westbourne attacks to a minimum, our midfield could push forward and we deservedly took the lead through Ronnie Harris after excellent attacking play. We continued to work with full effort and always looked confident at the back whilst looking likely to increase our lead. Mason Sinclair was a constant threat on the right and was unlucky not to be awarded a penalty shortly after we took the lead. He responded brilliantly by repeating his good work and found himself being brought down again minutes later and Kesgrave were correctly awarded the penalty, Mason stepped up to coolly pass it in to give Kesgrave a 2-0 lead.

The second half continued in a similar manner. A third goal would have ended the game but Westbourne started looking like they could throw caution to wind and take more chances. This made them very dangerous at times and they deserved their goal with just 10 minutes to go. This set up a real test of nerves for the team in what was an almost exact replica of last year's final. One more goal for Westbourne at the death would give them the edge going into extra time. These last few minutes were full of drama with close shots, many corners and plenty of pressure. However, Kesgrave pupils did themselves proud; from the players encouraging from the sidelines to those performing the last ditch tackles and endless supporting runs it was a fantastic example of teamwork! The final whistle went giving a memorable cup final experience and one that had been thoroughly earned.

Well done Year 10's! You bounced back after last year's defeat in the best possible manner and I look forward to seeing if next year can make it a third final in a row!

Mr Simmons

FOOTBALL SUCCESS



Full Squad names:

All games were played at **Needham Market FC**,

YR 7 BOYS	YR 8 GIRLS	YR 9 GIRLS	YR 9 BOYS	YR 10 BOYS
Thursday, 17th May 2018	Thursday, 17th May 2018	Wednesday, 16th May 2018	Tuesday, 15th May 2018	Wednesday, 16th May 2018
James Markham H7 Owen Markham A7 Lushan Maudhoo HO7 Arun Maudhoo H07 Rueben Swann H7 Ben Batho A7 Noah Gillings P7 Mackenzie Travis P7 Rory Jarrett LG7 Josh Moore H7 Callum Brooks P7 Tarek El Husseiny A7 Fin Mills H7 Shane Shimmon H07 Regan Tuck H07	Yasmin Ling G8 Jada Scoulding K8 Brooke Morling H8 Mia Gordon H8 Elizabeth West H7 Tatianna Flores L7 Emma King L7 Rhiannon Evans LG7 Katie Yorke B7 Emma Drake LE7 Molly Nicholson A7 Demi Jones M7 Hannah Nilsson LE7 Ingrid Baluta P7	Ellie Hardwick S9 Esther Thompson LY9 Molly Chaplin LY9 Bella Crawford L9 Naila Clarke C9 Mia Gordon H8 Brooke Morling H8 Molly Seivewright M9 Alysha Dye J9 Deema Al-Naimi S9 Jada Scoulding K8 Bo Driver T9 Yasmin Ling G8	Jack Robinson – LY9 Charlie Little – M9 Matt Hayes – B9 Owen Boyd – B9 Marcelo Flores – M9 Rory Willis – J9 Harry Haste – N9 Harry Greenhalgh – LY9 Matt Williams - N9 Jack Kelly – B9 Tom Humphrey – N9 Hayden Rayfield – CU9 Elliott Karralp – N9 Sam Donnelly – W9 Sidney Barnsley-Sadasivan – B9 Tyrell Read – N9	WILL STEWART LUKE MULLETT JOSH OKPOLOKPO PACEY FORSDIKE MATT SWAIN JACOB THOMAS BEN HUNT MASON SINCLAIR MAX ROGERS RONNIE HARRIS PATRICK ASHTON CALLUM PEACOCK MATT BLOOM EUAN LISTER KEN HARRIS CHARLIE HUDSON

Photographer RUNNERS UP



Ella Wendon-Blixrud



Sophie Tibble

CALLING ALL Photographers

**“Are you a keen photographer?
Would you like to have your photo
on the FRONT COVER of the next
edition of Highlights Magazine?”**

KHS Highlights are running a competition every edition for the best image for the front cover. We don't mind what you use to photograph with, only that the image depicts Kesgrave as a community and it can be as abstract as you like!

- You must be a student of Kesgrave High School
- You can't use any filters
- One photo to be sent only
- Photos MUST be in before the deadline!
- You must not photograph any faces of students or members of the public.
- Photos must be portrait orientation

All images must be brought in digital form to Mr Barber in the Media Office

DEADLINE: OCT 1ST 2018

Design and Layout by W Barber - KHS Media
EMAIL: highlights@kesgrave.suffolk.sch.uk

KESGRAVE HIGH SCHOOL • MAIN ROAD • KESGRAVE • SUFFOLK • IP5 2PB