

KHS HIGHLIGHTS IS PROUD TO BRING NEWS OF OUR STUDENTS TO THE COMMUNITY

ISSUE 11 • SUMMER 2018

HIGHLIGHTS



AUTUMN EDITION 2018

Cover Photo by Ella Wendon-Blixrud

In association with
STUDENT *life*

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WORDS FROM THE HIGHLIGHTS STAFF

Welcome back to this academic year. Many of you will now be familiar with KHS and all that it has to offer. All, except the Year 7s, who we welcome to the school. It may all feel a little overwhelming, but we are sure you will be settled in and used to finding your way around soon. You are incredibly lucky to be able to access a diverse range of subjects here and alongside lessons, the school offers many alternative activities. These have already begun taking place, such as rehearsals for the school Musical Showcase, the Enrichment programme for Key Stage 3, which enables students to try anything from logic puzzles to yoga and for Year 11 and Year 13 this is the final leg of their journey through high school and Sixth Form so they have mock exams to prepare for and we wish them luck with this. This year looks to be as exciting as the last; good luck everyone!

Mrs Tighe

Highlights Staff Editor



Welcome To Highlights

Hello everyone, welcome back to another issue of Highlights Magazine, Autumn Term.

It's another school year, and with it comes new teachers, new subjects and - for the Year sevens - a new school! Hallowe'en is fast approaching and so is the first half term of the year. This issue, we have a film review, some creative Hallowe'en crafts and a special article about the Word of the Week.

Remember, here at Highlights, we are always looking for new team members, so speak to Mr Barber, Miss Hunwicks or Mrs Tighe if you are interested.

Finally, welcome to KHS for the Year sevens and let's make this a great year!

Partick Holland



PATRICK HOLLAND STUDENT EDITOR

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WORD OF THE WEEK

WRITTEN BY ABIGALE TERRY

On Monday 8th October 2018, I interviewed the lovely Ms. McArdle, from the English department, to talk about the Word of the Week. What is it? Why do we do it? And who came up with the idea? Well, she managed to answer all these questions ... plus many more!

Every week Ms. McArdle chooses a new word inspired either by a current English topic or by an important event that is happening around the world. For example, during a week where there was a coronation of a new Queen, the word of that week might be 'coronation'. She will often talk to her family (especially her children) for ideas for the word, whilst she also claims Ms Cutting has many great ideas!

The Word of the Week is aimed at students who really want to push themselves, to try to use it in any writing and literacy tasks that they may be given over the course of that week. In her classes, Ms. McArdle will award points to students who manage to use that word correctly in a set task and she will make a note of the students that do and if they get 3 points then they receive a positive referral or a golden ticket. She actually did this the other day with her Year nine students!

The one thing that could be improved, Mrs McArdle said, is that it would be fantastic if Form tutors and teachers can continue to keep pushing Word of the Week, in all lessons, not just English lessons. If the teachers could remind students to use it - maybe even trying to use it themselves-that would be even better! I asked her, "If you could say one thing about Word of the Week, what would you say?" "SHARE IT AND USE IT!" she said!

This initiative was inspired by recent studies which have shown that by doing things like this, students will actually gain more success in learning. And the best thing, she said, is that this has definitely made a big impact on many of our students, their classes, their exams/assessments and their vocabulary in general.

Contrary to what many people may think, the new 'Literacy Blitz' we are doing this year IS NOT related to the Word of the Week. Instead, it is in response to other departments noticing patterns of small literacy errors in students' work. For example, missing capital letters or wrong punctuation - come on people, give us a break! In all seriousness though, we have high standards at Kesgrave High and this is another fun way for us to make sure we don't forget the basics. Ms. McArdle asked each department for the errors they are commonly noticing and came up with a top ten list. Each month, one focus will be selected for students to work on. At the end of the month, the top two students working towards improvement in this area will gain a small reward from the English department.

Personally, I think that it is a great idea and will endeavour to make a point of checking what the Word of the Week is and I will attempt to use it a few times that week and



maybe in the next few weeks too. I think it is such a good idea to broaden our vocabulary in such a simple but yet fun way. When you look at the posters each week, you can see how much effort goes into them - even though it is up for a phenomenally short time - just five days!

Most people I have spoken to about Word of the Week, say things like “Oh, it’s just a word - how will it affect my work? I know so many other words.” But they’re wrong - by just simply participating in the Word of the Week, you could learn so many more words. In a school year there are approximately forty weeks - that’s forty new words a year.

And here’s where it gets better: if you do it from the start of Year seven all the way to Year eleven, then that’s approximately 200 new words. Just by doing this, your GCSE grade could switch from an eight to a nine - just by adding some more complex words! How crazy is that? And it doesn’t even stop there. If you then attend Kesgrave High’s brilliant Sixth Form, then that’s an extra two years of new vocabulary, which, in total, is approximately 280 new words!

So, my advice to you all is: check the word, use the word, but more importantly ... have fun with it!



DIVERSITY WEEK

Our differences are what make us the same.

WRITTEN BY MS CUTTING

This is what we believe at Kesgrave and was the motto for our celebrations in Diversity Week back in July. We had a week of form time activities and assemblies to pass on the message to our students that it takes all kind of people to make a world and that's ok. We spent time discussing what our differences may be, whether these are the colour of our skin, our height and size, our physical abilities, our religion, our sexuality or the

colour of our eyes. Society is diverse and so is our school community, with no one group of people more important than another. We are striving to achieve a world in which tolerance becomes acceptance.

Diversity week saw us proudly flying the Pride flag around the school, which gave the school a real vibrancy. Assemblies were delivered on the themes of anti-bullying with our Year 7s encouraged to sign an anti-bullying pledge. Other Year groups also received assemblies discussing bullying and how homophobic, biphobic and transphobic bullying is not acceptable. A



MOVING UP TO YEAR 7

WRITTEN BY JASMIN HAVARD
& INDIA THIRUCHELVAM

THE BIG MOVE!

Moving up to Year seven was pretty scary. On my first day of Year seven, I was a mixture of anxious but excited at the new adventure that awaited. There were so many more people than I had originally expected which was very daunting. My form tutor is Mrs Tighe who made me feel at ease. I knew a few people in my form who had gone to my Primary school which was reassuring but I was mostly looking forward to making even more friends.

MY FIRST DAY:

Being arranged into my form group was the

scariest part of the entire day as I didn't know if I would be with any of my old friends. Every student was excited to be there but as nervous as I was. As Mr Gosling (my Head of year) called out my name I nervously waited for my friends' names to follow – thankfully they did!

My first lesson was English. I enjoyed it because we were doing things that I had never learnt about before. As I was shown to the canteen for break time, I found all of my other friends from my Primary school and we spoke about our first lesson together. I was starving hungry so I got myself a hot sausage roll (yum!)

My next lesson was maths. I had Mrs Christensen and she was lovely. We learnt about lots of different types of measurements – it was great fun! Finally, the bell we had all been waiting for rang... Lunchtime! I quickly gulped down my lunch and went to find my friends. They were out on the field and

I happily joined them until the third bell went, to signal the final lesson of the day.

My last lesson was French! I had no idea where I was going as I had lost the peer mentors, who help to show Year 7 around, on the way. Luckily, I found my way there and wasn't late for the exciting lesson ahead. It flew by pretty quickly and before we knew it, the first school day was over.

THOUGHTS:

In the end, high school isn't all that scary and is actually really interesting and full of adventures. I found that the more I went, the more I felt secure and happy. I have made loads of new friends who are supporting me and will continue to as my journey continues here at Kesgrave High School.

Overall, there are so many more opportunities at Kesgrave High School than there are anywhere else. There are many clubs to join for example sports, media and creative ones where you can make new friends, socialise and have lots of fun. Also, there are many exciting school trips to attend in places such as London. The school also offers school exchanges in the higher years across Europe to extend language skills. The teachers are also very helpful and supportive – especially when you struggle with homework.

There is a lot more independence when it comes to high school life. I am able to choose where I can go during lunch and break-time which is nice as I can socialise with other people who aren't in my form. It's nice to have more responsibilities but there are pressures which come along with that.

ACTIVITIES WEEK:

At the end of the year, Year 7s 8s and 9s take part in Activities week. You get to choose what you want to do for a full week of fun at the end of the year. There are many exciting choices such as Disneyland Paris, Dizzy heights, horse riding, pick and mix and many, many more. I think this is a fantastic facility to have and is a great opportunity to experience new things and have a full week of no school work, fun and relaxation after a hard year's work. I think this is the highlight of the year for many students! I'm really looking forward to it – are you? I know I'm really excited to try new things and make new friends.

THE DRAMA AND MUSIC DEPARTMENT:

Every year, the drama department organise a musical which allows students to perform and showcase their talents. This means that roles such as acting, singing, playing a musical instrument and technical assistants (lights and sound) are needed. Also, there are lots of private music lessons or clubs which you can attend. There is a string orchestra, woodwind lessons and many more.

SCHOOL COUNCIL:

The school council is something which you can sign up for. There are different teams such as: communication team, charity team, eco team or you can even run for chairperson or vice president for the committee. It's an exciting opportunity to have a voice within the school!

ADVICE FOR STUDENTS AT KESGRAVE

WRITTEN BY NIYA JOHN



EQUIPMENT

Many students can become confused and unsure on what equipment to bring with them to lessons, which can lead to them not bringing the correct stationary and causes detentions. So, here's a list of basic pencil case stationary you'll be expected to have:

- PENS
- PENCILS
- RUBBER
- RULER
- GLUE
- SCISSORS
- MATHS SET
- CALCULATOR
- HIGHLIGHTERS - *to highlight important and key information which can be used further on when revising*
- COLOURED PENS- *a green pen is needed for correcting work and they can also be used to make your work more creative and colourful*



GCSE PREPARATION

Every year you get closer and closer to the big exams leaving some feeling very anxious about what to do and how to achieve the best they can. Despite hearing the Sixth Formers say 'A-levels are so much tougher', and though they statistically are, you're not there yet so let's worry about that later. Here are some tips on how to prepare for GCSEs;

- Organisation- it is much easier to learn when everything is organised and neat; use folders for allocated subjects to put in all your loose sheets and additional work. Improve your handwriting so it's more neat and clear.
- Revise- there are many forms of revision from creating your own, purchasing study books, getting extra tuition or attending

homework clubs provided at school. Some resources such as producing flashcards, creating mind maps and notes can be stuck around your room so you'll always see them and it'll become a part of your routine.

Practice exam-style questions and do past papers so you will get more practise and be prepared on what the papers might ask.

- Balance- it may feel like you're doing 100s of subjects but don't forget that you should always put more of your attention and skill onto the weaker subjects that you know you aren't as confident with and need more practise in. If you're unsure about anything don't be afraid to ask as questions to your teachers.

Time management - having a social life and getting enough sleep makes it very hard to keep track of time, leaving you with

WHAT TO DO WHEN LIFE IS GETTING TOUGH.

Several pupils come across various difficulties and problems, whether they're having a hard time at school/home, unsure about your future or in the need for emotional support but unfortunately not many of them know how to seek the right help. All around the school there are numerous people you can reach out to that will be more than happy to listen and assist you with whatever is on your mind no matter how big or small. i.e.

- Form tutor- your form tutor is likely to know a bit more about you as an individual compared to other teachers which could make you more relaxed talking to them with any concerns you might have
- Head of year- they provide all round help which includes friendship issues, home life, problems, learning matters and offer support

either not enough time or too much but this problem can be resolved by creating a timetable with evenly spaced out dates and time for your revision without it being too time consuming

- Use P.E. as downtime- (unless you take it as a GCSE of course); try to have fun instead of being bored and inactive as this will be the only subject you aren't getting a final grade for.

- Goals- don't forget at the end of all this difficult work and stress it will result in a positive outcome by benefiting your future career (if you try hard) and don't forget about prom!

with any worries you have concerning your education there are always people who can help:

- School nurse- provides physical/ mental and sexual health support. She is there to answer any of your questions and make you feel more contented with yourself
- Student support officers- if you need emotional support and don't feel at ease speaking to your friends or family there is always someone you can open up to
- Learning support- if you need a little extra help you will always have a place where you can find assistance at whatever ability you are at
- Teachers you trust- you aren't expected to go to a specific individual for help but rather someone you truly trust and feel comfortable with and that could be any one of your subject teachers
- Careers advisor- if you have any concerns about your future such as being unsure about what the right career path is for you, future jobs and how to decide between your given options, help with job interviews and application forms, any concerns regarding work experience and so on, then visit the career's advisor to discuss your options.

BIG LOST PROPERTY SORT

WRITTEN BY MISS WARFIELD

During the summer break the annual lost property sort took place in school with a team of willing parents who gave up their morning to help.

I would like to thank the following parents for their help with this mammoth task: Nicola Wade, Lisa Gunstone, Katie Webber, Julie Dunn, Carole Brown and Zita Kingsbury. Without them it just would not have been possible. As you can see from the pictures below it is a mammoth task!

You may be interested to know that every form and class room is emptied of all items and they are taken to the school hall at the end of the school year. This year we had 23 large dustbin bags full of lost property to sort through! All of the items that were named were then sorted into form groups and left for form tutors to distribute to their students at the start of the new term. Any un-named items were then taken away and laundered, checked and returned to be used as stock in our pre-loved uniform shop.

Here at KHS we are very proud of the fact that we offer pre-loved uniform. Items come at a reduced price and help families in need or indeed when your child loses their brand new jumper and it simply needs replacing! Money donated then goes to two local charities every school year, so as you can see there is a wider benefit to this service. In the last academic year £800 was raised and

donated to Ipswich Outreach Bus and The SARS. To date a phenomenal £4000 has been raised since 2014.

NEARLY NEW SHOP OPENING TIMES: Every Parent's Evening between 4pm and 7pm

Here at KHS we have a very simple dress code and one that can easily be upheld by all students. It is a pleasure to welcome the students back to school and see them looking so smart. Our providers are competitive, local and professional. We can assure you that the reporting from the EADT is not wholly accurate and in fact across our two providers there is very little cost difference between boys and girls uniform. We keep our branded uniform to a minimum and going down the expensive blazer route like some local schools is just not for us. We are always keen to consider the cost implication to parents/carers and we are aware that trousers for girls seems to cause the biggest issue to you. Please be advised that this is something that Miss Warfield is personally looking into alongside our providers, governors and school council. Any improvements or changes to uniform cannot happen overnight and we would always consult on such a matter.

Thank you for your support and contribution. We are here if you need us.



SIXTHFORM LIFE

Making fun Halloween costumes that will make people laugh



ITEMS YOU'LL NEED:

- A white t-shirt
- Small cereal boxes
- Plastic knives
- Fake blood
- A hot glue gun or fabric glue

METHOD

1. Begin by cutting a hole in the front of your cereal boxes.
2. Next, cut your plastic knives in half and stick the handle inside the cereal boxes (the best glue for this is hot glue - be careful when using a glue gun!)
3. Stick your cereal box on to the front of the t-shirt - again, a hot glue gun would be preferable.

4. To finish, distribute fake blood randomly all over the t-shirt.

Remember that although Halloween is a great chance for you and your friends to have fun, many of us who enjoy the tradition of trick or treating or making people jump is fine as long as you stick to these top tips:

1. Never go trick or treating in a place that is not known to you.
2. Always tell a parent or guardian where you will be and don't wander off to another place.
3. Stick in a group and try not to leave anyone on their own.
4. If a person or house doesn't want to take part in trick or treating, respect their opinion. If you see a pumpkin then the household are likely taking part but if not, leave them alone. Many older and vulnerable people find it quite scary!
5. Always take a torch so cars can see you
6. Never go inside a persons house if invited.



STRIPPED BACK FASHION

WRITTEN BY KITTY-BOO CAPEY

This autumn a fashionable hairstyle is the messy bun; they are easy to do and look super cool.

LADIES

The 'messy bun' is one of the most basic hairstyles but are super quick to do and very fashionable. Wearing your hair in a messy bun will work as a good hairstyle for pretty much every occasion and will keep your hair out of your face. A practical, easy and fun way to style your hair for every occasion this autumn.

Another great item of head-wear this autumn is the floppy hat. They can disguise even the worst of bad hair days and look really funky. The most fashionable colours I have seen are : burgundy, grey and black. These look best with a casual jumper, jeans and some comfy knee-high boots. A floppy hat will totally vamp up any boring outfit and make you stand out in the crowd whilst also covering up your hair if your having a bad hair day.

GENTS

Black ripped jeans, cargo trousers and thick knit wear is a huge trend this autumn. Jeans and cargo trousers will work with almost any jumper or top you choose. Good denim jeans are relatively inexpensive, comfortable, long lasting and above all look great. Black ripped jeans are very popular this autumn and look great with light grey, white, burgundy or camo green jumpers. You can buy great jeans from River Island but a good quality cheaper pair can be found in H&M or even Primark.

A fashion trend that is regaining popularity is the beanie. These are practical in the colder months and are most popular in colours black and grey. Beanie hats can vary in price, however the cheapest beanies I've found are in Primark and are available in a variety of colours.

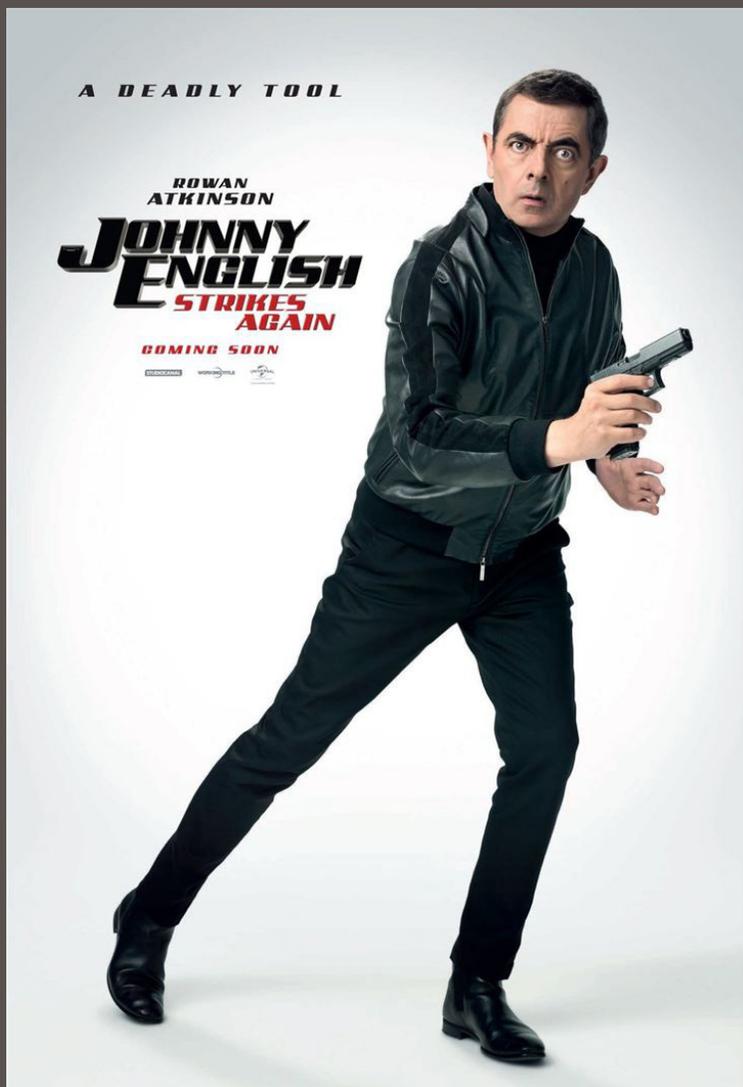
ITS ALL ABOUT THE 90S

Nike Air Max, K-Swiss and Adidas Stan Smith trainers are just some of the 90s trainers back in fashion. The 90s trainers (especially in black) are once again back in trend. Offering timeless yet smart casual footwear most students will be being told "I had a pair of them" by their parents.

Other 90s iconic clothing sees many of the bold sports brands on jumpers and T-shirts such as Ellesse that were very common in the 90s. You only have to look around to see BOLD sports logos, cargo trousers and beanie hats showing us the 90s are back!



Spoiler-Free reviews: Johnny English Strikes Back



REVIEWED BY **PATRICK HOLLAND**



DIRECTOR: DAVID KERR

RUN TIME: 1H 20M

CERTIFICATE: PG

The third instalment in the popular spy-spoof series, starring Rowan Atkinson, has recently hit cinemas, but should you go and see it?

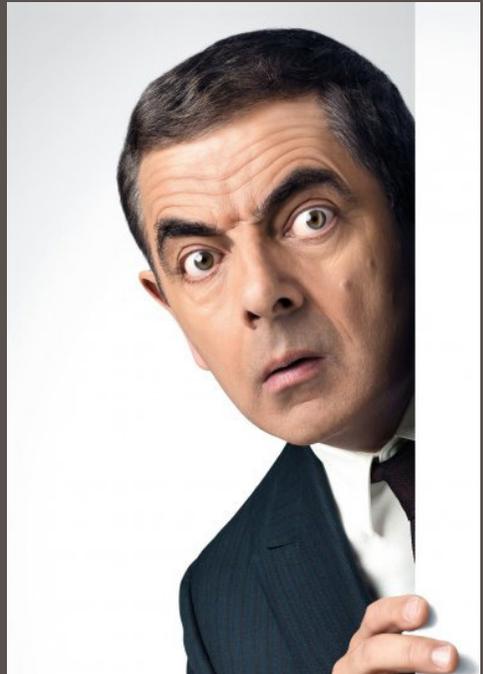
The new adventure begins with all the MI7 field agents being exposed by a cyber-criminal, leaving a desperate Prime Minister calling for aid from a certain retired MI7 agent – Johnny English. The very analogue secret agent dives head first into the action, resulting in a series of hilarious, if slightly predictable misfortunes, including struggles with language, technology and pretty much everything else imaginable.

One of the best things about this film is the relationship between its three leads: English, Bough (Ben Miller) and Ophelia (Olga Kurylenko). Some of the funniest moments are their interactions with each other – it genuinely feels as though English and Bough haven't met in a while. Also, many of the jokes, although rather predictable, are actually quite funny. The Theresa May-ish Prime Minister is portrayed almost perfectly and English's struggles with technology are realistic for such an old-fashioned character – the Virtual Reality scene is well-timed and genius. As well as this, the politics in this instalment feel a lot more real than the other two films in the franchise.

One other positive point about the movie is how real the problem of the story is – the world being run by a Silicon Valley billionaire. Daunting as it is, I can easily imagine it happening in real life.

However, this film does have its flaws. The plot feels very similar to the first movie, with almost exact replicas of jokes from the first movie, and most of the other jokes are predictable – what could possibly happen when English ignores Bough's suggestion to put more fuel in the car before a chase scene? Also, my pet hate for this franchise is the lack of linking between the separate films, meaning that they could be set in entirely different universes. This is, for me, the worst film in the series but it isn't bad as such, only okay.

So, should you go and see this movie? I wouldn't advise against it as such, but don't make it your number one priority. You could just wait until you can stream it online or buy the DVD.



TECH NEWS

WRITTEN BY FINLEY ASHLEY

WANTING A NEW BIT OF TECH BUT
HAVE NO CLUE WHAT TO GET?

From headphones to fitness watches, in this article I will go through the top five bits of tech recommended by us at HighLights. So if you're looking for some great new tech items to add to your Christmas list or maybe looking for that perfect gift for someone, we might have what you're looking for...



ROAM EARTH HEADPHONES

These over-the-ear headphones are good for plane journeys as they block a lot of the sound out. Coming at a price of around £15, they are good quality headphones with the standard 3.5 mm jack that fits Apple and Android phones. They come in a range of colours including red, white, black and blue. If you're just using these headphones for everyday use then they are perfect as they are foldable so they can easily be stored away. These headphones are sold in HMV at a price of £14.99



APPLE IPOD TOUCH 5TH GENERATION

The Apple iPod touch, a cheaper version of the iPhone with less storage. The first thing people think about when they see these is.... Games. That is exactly what most people get these for. I recommend the fifth generation because it has the up to date graphics, is quicker and has more storage. They are mainly used for games because of how much cheaper they are compared to the iPhones which are priced at around £200 or more, I would not recommend this phone to anyone who wants to use it to send messages or to take photos as the storage is too low. These can be found online at a price of £90.

FITBIT ALTA FITNESS WATCH

I'm sure you'll all have had or heard of a Fitbit before, but this particular model is one of the cheapest that they do, but it is still just as good. With QLED display and frequent fitness messages, the Fitbit Alta is overall a good watch/fitness tracker. The important thing with the Alta is how quick it is and how all the functions works as they are supposed to as other Fitbit products in the past don't do exactly that. Battery power should last for up to a week if you have it on constantly. The Alta can be bought at a price of around £65 from John Lewis



NOW TV SMART TV BOX

Again, I'm sure a lot of you have heard of this, but did you know how good and cheap it is? At a price of around £45 you can get the NOW TV Smart Box which includes sports, kids, film and Sky channels. The Smart Box is small, about the size of two computer mouse, but it has a smaller alternative, the Smart Stick, which can do all the same stuff, but can only hold two addons instead of four, coming at a price of only £20



ANKER SOUNDCORE WIRELESS SPEAKER

This wireless speaker has a long battery life which should last around 24 hrs and the sound quality is rated outstanding; the Soundcore is overall a good quality speaker. The speaker is often overlooked however, due to its design, as its not flashy, it's really just a rectangle with grille over the speaker. The quality of the sound that comes out of the speaker really makes the design flaws almost irrelevant. You can buy the Anker Soundcore from Amazon for around £30



MUSIC

WRITTEN BY FINLEY ASHLEY

Hot Music This Season

This month we have been looking for the top music and I thought I would ask a couple of people what their favourite music is, whilst also reviewing 3 of the top 5.

The top five this week (Oct 1) are

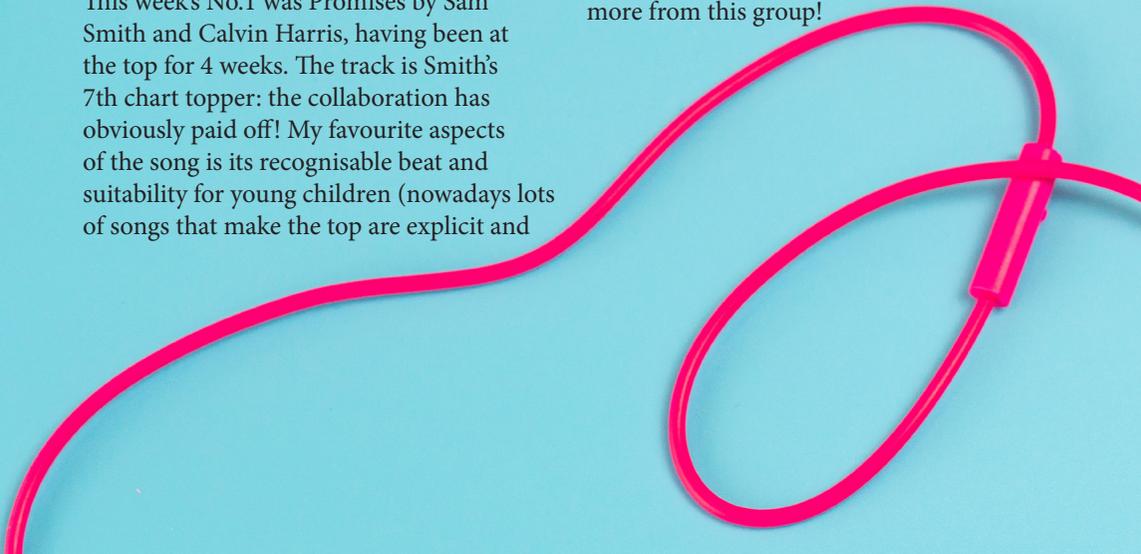
- 1) PROMISES (CALVIN HARRIS & SAM SMITH)
- 2) EASTSIDE (BENNY BLANCO/HALSEY/KHALID) *EXPLICIT*
- 3) I LOVE IT (KANYE WESST & LIL PUMP) *EXPLICIT*
- 4) HAPPIER (MARSHMELLO FT BASTILLE)
- 5) BODY (LOUD LUXURY FT BRANDO)

This week's No.1 was Promises by Sam Smith and Calvin Harris, having been at the top for 4 weeks. The track is Smith's 7th chart topper: the collaboration has obviously paid off! My favourite aspects of the song is its recognisable beat and suitability for young children (nowadays lots of songs that make the top are explicit and

this cannot be a good thing as so many of the younger generation listen to this type of music.)

Happier by Marshmello featuring Bastille came in at number 4. Recently Marshmello has become a big hit in the music industry, particularly because he is popular amongst teens. This isn't bad for someone who's only just at University! Happier was a 'collab' between Marshmello and Bastille- it was a global smash hit following the song's release in August of this year. Personally, I like the catchy rhythm and I'd describe the tune as 'bouncy'!

Finally, Body by Loud Luxury- a group I hadn't heard much of before- featuring Brando is last on the top 5. The song tells a really good story about "complicated romance" in the artist's home town (Toronto, Canada.) This is one of those songs that you've probably heard before and been humming along to without knowing the title or the artist. I'm looking forward to hearing more from this group!





YOUR TOP PICKS

We thought it would be nice if we asked for your opinions about your favourite music, so here are some of your responses:

Jake Foreman from HA8 said his favourite song is Hope by XXXTENTACION because it has a good rhythm to it.

Kitty-Boo Capey from HA8 said her favourite song is Sober by Demi Lovato because it is inspirational.

George from Sixth Form said his favourite song is Castle on the Hill by Ed Sheeran because it reminds him of home.

Remember that just because it is not in the charts doesn't mean it is not a good song!

STUDENT SUCCESS

Equine success for Dakota Keys at Horse of the Year Show 2018

LETTER FROM LOUISE MOSS

Firstly thank you all so very much for supporting Dakota through the year with time off for her horse shows. She has worked so hard to achieve the title of 3rd in the country for D/E/S (Dartmoor, Exmoor, Shetland) class and best Shetland in the country.

For her first Horse Of the Year show this is a massive achievement and we are all very proud of her and what she has achieved in the last year.

We as a family wanted to let you all know how amazing Dakota was; she had a fantastic class competing against both children and

adults and actually achieved a joint second, however due to a .2 score from the other second place she was placed 3rd.

There was an error in the numbers called (they called 756 instead of 765) for the final 11 place pull and Dakota was not called forward for her 3rd place win. This error was later discovered on the score sheets and her stepmother brought this up with the owners of Horse Of the Year Show. The mistake was corrected very quickly and to make up for the error Dakota was called into the arena individually the next day for her rosette, photos and lap of honour.

This was a fantastic once in a lifetime opportunity for Dakota and such a big achievement for a Horse Of the Year show novice, following her win and the error in her placing during the show she has received a lot of press coverage. She is featured in Horse and Hound, Shetland performance and some others that will be running the story of her achievement in the coming week.

Many thanks

Louise Moss



WELL DONE DAKOTA, FROM ALL AT THE HIGHLIGHTS TEAM

"The World's Most



Famous Horse Show"



Horse of the Year Show 2018
Dakota Keys & Waulkmill Redstart

STUDENT SUCCESS

WRITTEN BY YANIS KERAMPRAN

PRIMARY SCHOOL CROSS COUNTRY 2018

On Wednesday, 3rd October, the Primary school cross country 2018 was held at Kesgrave High School, with Mr Roberts and Miss Wright in charge of the event. Students from KHS helped the event to run smoothly, by doing jobs such as marshalling and recording results.

The schools taking part this year were Birchwood, Bucklesham, Cedarwood, Gorseland, Heath and Waldringfield. Unfortunately, Bealings and Nacton were unable to make the event.

The event started off with an enthusiastic atmosphere and a talk from Mr Roberts to all the schools, informing contestants on how the event was going to run. The four races took place in the following order:

- Year 5 Girls (Just under a mile)
- Year 5 Boys (Just under a mile)
- Year 6 Girls (approximately 1.2 miles)
- Year 6 Boys (approximately 1.2 miles)

Before we knew it, the first race began!

“It’s a very fun event. I’ve never done cross country myself, but from what I’ve seen today, it looks like so much fun” said Year 7 marshal, Carly Cotton.

The finish line was buzzing with excitement as spectators crowded around, waiting to see who would win the race (see results at the end of the article). As the contestants passed the finishing line, one by one, the look on their faces showed the phenomenal amount of effort they had put into the race.

I spoke to a Cedarwood Year 6 boy to see what he had to say about the races: “It doesn’t matter where you come” he said. This comment describes the atmosphere during the event quite well; all the participants seemed to have enjoyed themselves whatever their final position in their race.

As the races went on, I took the opportunity to talk to Mr Roberts to find out about what he thought about this year’s cross country. He said the event was running ‘very smoothly’ with ‘good weather’ and ‘good support’. The Birchwood coach said: “Extremely well organised and fun for all!”.

Finally, Mr Roberts and Miss Wright would like to thank all the helpers this year.

RESULTS

YEAR 5 GIRLS INDIVIDUAL RESULTS: BUCKLESHAM

YEAR 5 GIRLS TEAM RESULTS: CEDARWOOD

YEAR 5 BOYS INDIVIDUAL RESULTS: GORSELAND

YEAR 5 BOYS TEAM RESULTS: GORSELAND

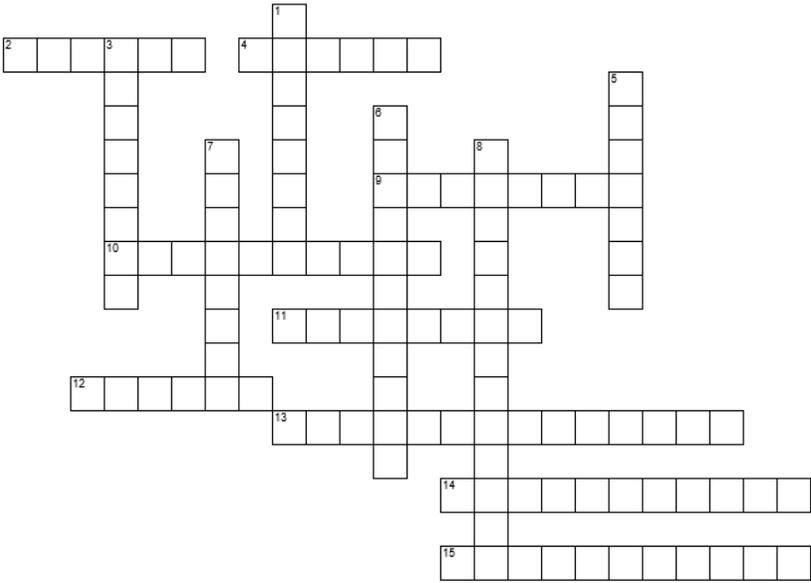
YEAR 6 GIRLS INDIVIDUAL RESULTS: BIRCHWOOD

YEAR 6 GIRLS TEAM RESULTS: HEATH

YEAR 6 BOYS INDIVIDUAL RESULTS: HEATH

YEAR 6 BOYS TEAM RESULTS: HEATH

SCIENCE CROSSWORD



		1					9	6
3	6	7	9					
8				1	7			2
5			7		2		1	4
		9	4			5	6	7
	4		1	7				
	8	5	2	3			4	
			8					

- ACROSS**
- 2 Potassium and iodine form potassium.....
 - 4 A horizontal row in the periodic table
 - 9 Small fragments of rock and soil that form layers
 - 10 A cell with a nucleus
 - 11 Speeds up chemical reactions
 - 12 Catalyst that speeds up digestion
 - 13 The method of separating ink/dyes
 - 14 Reaction in which energy is taken in from the surroundings
 - 15 The element named after the scientist who created the first periodic table
- DOWN**
- 1 The speed of an object in a particular direction
 - 3 Atoms of the same element with different numbers of neutrons
 - 5 Made up of amino acid molecules
 - 6 The reverse of photosynthesis
 - 7 living entity
 - 8 A force of friction produced when an object moves through the air

Photographer RUNNERS UP



Kitty-Boo Capey



Sophie Tibble

CALLING ALL Photographers

**“Are you a keen photographer?
Would you like to have your photo
on the FRONT COVER of the next
edition of Highlights Magazine?”**

KHS Highlights are running a competition every edition, for the best image for the front cover. We don't mind what you use to photograph with, as long as the image depicts something you enjoy; it can be as abstract as you like!

- You must be a student of Kesgrave High School
- You can't use any filters
- One photo to be sent only
- Photos MUST be in before the deadline!
- You must not photograph any students without their consent or photograph members of the public.
- Photos must be portrait orientation

All images must be brought in digital form to Mr Barber in the Media Office

DEADLINE: DEC 3RD 2018

Design and Layout by W Barber - KHS Media
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