



Acclaim



I can't quite believe we are at the end of the Spring Term already. Whilst it has been a short term, we seem to have packed a great deal in. It seems that whatever the length of term, we organise the same volume of events, making us busier than ever. In the last few weeks it has been lovely to watch the Achievement Assemblies across the year groups. It is wonderful to see the breadth of students who receive recognition in these celebration events; seeing their name on screen for their effort or contribution is a real accolade.

I love that this term's edition has something from every year group across the school. There is so much for students to engage in, from Dragon's Den competitions and History workshops in Year 8, all the way up to Extended Project Academic Research, Geographical Iceland Trip and BT Hothouse event in the Sixth Form. Seeing students grow with us over their seven-year journey is such a privilege; we know just how much all these experiences add to their development as young people, building social connections and making memories that hopefully they will cherish forever.

We work hard to ensure a breadth of offer in terms of enrichment activities, including the most recent addition, darts club! It is great to see students making the most of all the opportunities on offer.

We know that our Year 11 and 13 students will be focused on revision and getting ready for their examinations, which start at pace soon after Easter, but we hope that all our students and staff have a great Easter break, hopefully recovering from the 100-day cough that has been doing the rounds! We look forward to seeing them all for more learning and adventures in the Summer Term.

Miss Upton

Top Spring Achievers

We love to acknowledge the hard work of our students. Our achievement points are awarded to students for being their BEST, being RESPECTFUL and being POSITIVE. Students can also be awarded points for good work, community action or extra-curricular engagement. Congratulations to this term's **Top 50** from each year.

YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Lilly Heal	Emma Trill	Dhanya Balakrishnan	Isobel Sutherland	Clara Majeed
Benjamin Percy	Finin Anderson-Hurst	Emily Sones	Faryl Hillebrandt	Charlotte Tunstall
Tabitha Andrews	Jack Clarke	Daisy Prior	Hannah Squire	Owen Cook
Valentina Bernardes Zanatta	Mila Shikhant	Elizabeth Tink	Jack Davies	Daniel Ringland
Solly Leeder	Lewis Osborne	Alexis Ramsay	Micah Tate	Katie Christison
Oliver Sawyer	William West	Everlyn Butcher	Hettie Wells	Louis Hood
Phoebe Owen	Emily Haig	Gracie Armes	Amelie Stephens	Isla Groom
Grace Wheatley	Harry Harden	Thomas Deer	Niamh Cobain	Zara Tsang
Alexis Smith	Samuel Jennings	Jorja Bruce	Kayla Perry	Olevir Frith
Sian Hondo	Lincoln Kidby	Lelani Brink	Lilia Tuck	Callum Nicholson
Emily Race	Christina Liew	Owen Wildon	Olivia Devereaux	George Whinney
Amelia Legg	Michelle Stankova	Ama Asare Asiamah	Callum Peck	Daniel Flewitt
Alex Lock	Isaac Woods	Jamie Debnam	Jaye Havard	Ella Derrick
Adhiraj Kaushik	Freya Clutten	Eloise Shorey-Mills	Esther Fidler	Harrison Arch
Rebecca Elmy	Isabelle Oakenful	Jacob Bland	Jake Severwright	Andrew McCormick
Callum Lay	Noah Richardson	Bhumi Mahajan	Lilia Watts	Charlie Markham
Megan Gill	Jasmine Lowery	Harriet McCart	Riagan Huq	Olivia Oakenfull
Olivia Bassett	Ezri Theophani	Harry Black-Swallow	Phoebe Knock	Eliz Fleming
Felicity Chapple	George Garfield	Daniel Jones	Jessica Dyer	Amelie Armes
Charlie Firman	Phoebe Cumberland	Erin Patten	Oliver Ward	William Turpin
Amelia Stenning	Maelys Jacquet	Angela Mupundu	Kate Fulcher	Barnaby Mann
Grayson Peat	Freya Martin	Alex Georgalas	Ava Melton	Indiana Rivers
Isabella Orvis	Elodie Clayton	Alice Chaplin	Henry Cornish	Dylan Prior
Freya Jones	Kiera Hawkrigde	Logan French	Joshua Hagen	Annabel Race
Jessica Reavell	Violet Wheatley	Alexander Abbott	Jessica Phagura	Iona Tait
Callum Mickelsen	Oliver Bostock	Hayden Leeks	Alexis Bartram	Finley Craven
Scarlett Roper	Isabella Fleming	Jason Georgalas	Isla Wheatley	Anna Day
Sadhana Gunasekar	James Ballard	Gabriella Marriott	Caitlyn Youngs	Maisie King
Aarmana Dwivedi	Samuel Martin	Florrie Noble	Matti Goffin	William Dawson
Harry Sefton	Alfie Dorset	Avanishan Thasan	Poppy Newman	Giselle Jarrett
Isabel Caley	Oscar Camplin	Jocasta Gent	Jenna Baker	James Gregson

Top Spring Achievers

YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Amelia Sudeene	Irfaan Zuberi	Ciaran Goodchild	Katie Ryan	Joshua Emmerson
Harvey Watson	Ellie Close	Chloe Leader	Mia Paton	Alex Larder
Heidi Songer	Daisy Tovell	Charlie Barrett	Darsh Rippeth	Finley Brooks
Esila Aslan	Harry Soar	Kacie-Mai Coates	Emlyn Camplin	Keerthana Nair
Maliya Goodrich	Darcey Potten Risby	Max Margetts	Holly Loades	Sam Mackay
Samuel Wickens	Quinn Cavanagh	Lila Knights	Madison Dunlop	Aditya Nair
Isla Knights	Billy Holland	Lily Pope	Lauren Garnett	Bradley Clarke
Imogen Price	Tess Berry	Will Deer	Kate Macleod	Holly Cant
Jacob Ray	Benjamin Wood	Oliver Farrow	Ruby Love	Jake Dunnett
Leonidas Mellor	Katie-Anne Jones	Amelia Lambert	Deborah Johnson	Toby Marjoram
Lily Parker	Molly Gostling	Sanjana Rajesh	Ethan Carey	Caitlin Davies
Connor Farrell	Ida Englefield	Liam Mitcham-Jones	Bethany Jenkins	Robert Neild
Toby Thomas	Amelia Loose	Lily Munday	Pippa Gibbons	Oliver Claydon
Dominic Gooding	Ellia Zackrisson	Eva Mulligan	Connie Read	Lila Abbott
Hayden Newland	Isabella Froud	Leo Mackay	Jenna Playford	Josh Lawrence
Wiktor Bednarek	Oliver Hill	Sukhmani Lovlee	James Hall	Freddie Richer
Lilly Trenter	Sofia Bowers Palencia	Mariyan Zhivkov	Jasmine Saxton	Emily Noye
Elodie Macleod	Ellie Briggs	Bianca Neamtu	Matilda Woollard	Max Yeomanson
Jacob Chalklen	Harriet Wood	Daisy Parker	Erlina Hedges	Isabelle Mayhew
Jake Bouttell	Chloe Dale	Jack Barden-Beatty	Patrik Blaga	Oscar Parkin

Creating a praise rich culture in school is extremely important to us. Awarding our 3Bs is our way of rewarding and acknowledging our students for getting it right every day. We regularly see our students achieving great things in lessons, but let's not forget that it is also possible to bank more points through extra curricular opportunities be that drama, dance, sport, media, art, maths and more. Getting involved in the wider school life has so many fringe benefits too.

Making the most of each learning moment, every lesson and being prepared to try and fail are qualities that we see in our classrooms. The youngsters named below are absolutely getting this right, securing their place in the top 10% by accruing as many ACHIEVEMENT POINTS as they can. What a fabulous achievement to take into the Easter break. Well done everyone.

Promoting Wellbeing

Dear Parent/Carer,

Last week we held the first of our two Promoting Wellbeing evenings and we would like to take this opportunity to thank our experts for the time, delivery and wealth of knowledge that they brought. The speakers were absolutely brilliant, engaging, warm, open and supportive. The knowledge that they shared with those that attended and the reassurance that they gave our parent/carers around understanding the challenges that we all face in raising young people was very well received. Many left feeling like they had learnt something new and that they are doing actually doing a really great job.

OUR NEXT EVENT

Will be held on Thursday 6th June 6pm & 6.40pm

Do take a look at the sessions on offer. We all have something to learn, something to share and something to offer. Please do not feel like you have to face these challenges on your own. Raising our children is a tricky job, but when we come together we can develop knowledge, and as they say, knowledge is power.

- *SESSION 1: Developing resilience in my child Vivienne Berry 4YP Why is resilience so important in life, how can I grow it, nurture it and develop it in my family unit?*
- *SESSION 2: Help!! I'm the parent/carer of a teenager! Lynette Halpin Just42 A whistlestop tour through some core principles, tools and techniques to support parent/carers of young people. With the aim to help increase your confidence, self-control and 'parental presence' whilst maintaining a loving parent/carer-child relationship.*
- *SESSION 3: Managing conflict Kay Witchalls – Children & Young People*
Family members, everyday life, stress, emotions, hormones and conflict are completely normal features of the home. Of course there will be times when things tip, how can we prevent this, deescalate and remain calm at these times? What works best?

SIGN UP TODAY!

<https://forms.office.com/e/KTPZWmjLzk>

We hope to see you all there,

Warm regards,

The Pastoral Team

Vocational Studies Update

Well over 100 students in Years 12 and 13 sat external examination papers this January for the Level 3 Btec courses. For some of our students this was problem solving using practical database software, activity plans, as well as the 'traditional' examination approaches.

We are pleased to report that our students achieved 99% D-P. Students' scores in these components will be added to their totals so far, - early indications look like it will be a bumper year of success. Specific subject highlights include; Applied Psychology, where 3 students achieved a distinction, 4 students in Health and Social Care and 5 students in ICT. This sets them up with the ability to gain D* when the grades are released on August 15th.

Our Year 12 learners have made a tremendous start to their courses. 100% Distinction to Pass on the first external assessments.

In other news, our Year 11 students submitted controlled assessment work in Child Development, Digital Information Technology, Engineering, Health and Social Care, Music and Sport. We are so proud of what they have achieved so far as it seems such a long time ago since these were submitted. 22 of our learners gained a Level 2 Distinction for their efforts. A special mention goes to Bethany Carr, Isla Groom, Zoe Wildon, Hannah Elliott, Evie Locksmith, Leah Phelan, Mia Ravenhill-Brown, Harrison Arch, Jake Dunnett, Daniel Flewitt, Sam Read, Lauren Hammond, who have scored Distinctions in all their submissions so far.

Finally, our Year 10 cohort of learners are at the halfway point in their current controlled assessments - we thank all our parents and carers for their support in this. The scores after the teachers have marked them have to be with the exam board in early May, so please, if you miss a session through illness, speak to your teachers to ensure that you complete all the tasks and get marks that will help you build towards success in Year 11. This controlled assessment contributes 30% of the final grade.

Well done and keep at it!

-Mrs Driver and Mr Stapelton

U16 Championships

Congratulations to Isaac Prowling who rode individually for his Kesgrave Panthers Club and was competing against 18 other riders from across the country, including from Poole, Sheffield, Southampton and Oxford, along with local riders (6 others from his Club). The other riders ranged from age 11 up to age 15. He beat out all other riders and was named the Under 16 Champion.

Massive well done to Isaac on his achievement!



Year 7 History

In the History Department we want students to learn about the past and in Key Stage 3 we try to cover as much history as possible in the lesson a week Years 7-9 have with us. More important than the facts they learn though, are the skills we try to teach them, which will not only help them at GCSE and A Level but will provide important life skills in whatever career they choose. Writing a coherent argument to persuade the reader of their opinion is what essays are all about in History. We want our students to be able to select and deploy evidence to support their argument and to have the ability to organise their ideas in a logical and convincing way. We teach them to mine sources (pieces of text, images, objects) for information, evaluate that evidence for its reliability and usefulness, and then to deploy that knowledge to inform their opinions of past events. In this 'information age' these skills are vital to help students navigate the internet, become critical thinkers and be sceptical readers of the news.

I thought parents and carers might like to see what our Year 7 students are capable of in terms of the skills I have just outlined, so here is an extraordinarily good essay written by a student in Year 7 this term, under timed conditions. It was an absolute pleasure to mark!

Here is an extract of an essay on the Battle of Hastings by Year 7 student Rebecca Elmy:

In the battle of Hastings luck was a very important factor and it helped the Normans win the fight. The fact that Harold was shot in the eye, when his troops were at their weakest, was very lucky as William's troops couldn't actually see who they were shooting up at as they were lower than them. As William had to travel by boat the wind was a very significant factor, when William and his troops tried to set off earlier the winds were going in the wrong direction that they needed to, this meant that William couldn't get his out to sea so they had to wait. In my opinion this was lucky in some ways as Harold was in the south, where William would come, ready to attack but because of the wind, it instead helped the Vikings get across in the north so Harold had to leave go fight them instead. This also led to when William actually got to England, some of Harold's army had already been killed and all of Harold's army were tired.

-Mrs Wakeley

Year 8 Dragons Den Winners



This term, Year 8 had the wonderful opportunity during their PSHEE lessons to work on a restaurant project, a fusion of Dragons' Den and MasterChef. Everyone worked hard on their restaurants that they had to design, finance, build and market themselves - strengthening their teamwork, co-operation, and leadership skills. The four winning groups who made it to the finals got the invaluable opportunity to go to Seckford Hall and tour behind the scenes of its daily operations.

At the wonderful grounds of Seckford Hall, we were greeted with a warm welcome from the staff and manager of the estate, Peter Osborne. We were promptly split into groups to tour the outstanding facilities such as the spa, bar, and garden complex. Our guides also explained to us the multitude of events they host, especially their extravagant weddings!

We also got an exclusive tour of its double AA Rosette kitchen and catering facilities with the Head Chef and the Business Manager with a look into what work in the kitchens is like. Afterwards, we excitedly gathered at the 1530 restaurant for our Afternoon Tea - our prize for reaching the final and impressing Peter Osborne and the judging panel with our pitches, all courtesy of Seckford Hall!

Written by Christina Liew and Emma Trill (Year 8)

-Mr Finch

Year 8 History Workshop

In January, many of our Year 8 students took part in a fantastic history workshop on the Tudors which they have been studying since September. Students really engaged with the speakers, listening intently and asking and answering lots of very interesting questions including why it was against the law to wear a hat in Elizabethan England on a Sunday!

Students also tried a lot of Tudor activities including writing with a quill (hard work!), playing some top Tudor games, and of course seeing the deadly weapons. At the end of the day, all students took home a coin they had minted as a reminder of a really fantastic day! Here is a selection of photos from the day

History Department



French Translation Bee

Congratulations to Emma Trill and Christina Liew for winning Stage 2 of the French Translation Bee! Emma and Christina have been working incredibly hard to get to this point. To compete, they have just one minute to translate as many phrases from English to French as possible. We wish them luck as they head to the Translation Bee Regional Finals in Peterborough in June!



French Pen Pals

Well done to all of our students who have written a letter to our pen pals in France! We were excited to receive our first bundle of letters back recently. There is still time to take part if you are interested in having a French pen pal!



Would you like a French pen pal?

- Come to C7 on Wednesday lunch times
 - We will help you with your letters!
 - Create videos, letters, post-cards
 - Receive letters in the post from French students!
 - Available for Y7-Y10s
- Email Mrs Parker for more info:
kparker@kesgrave.Suffolk.sch.uk

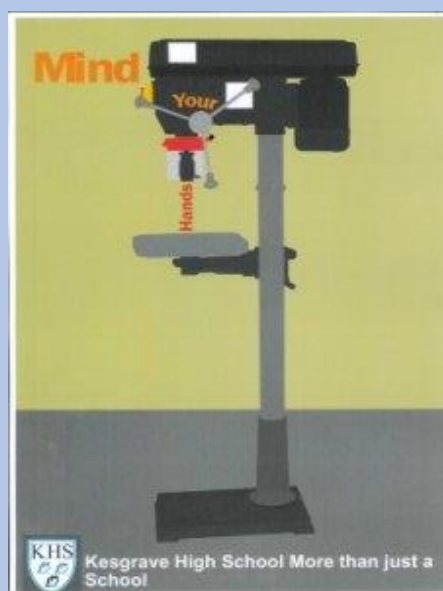
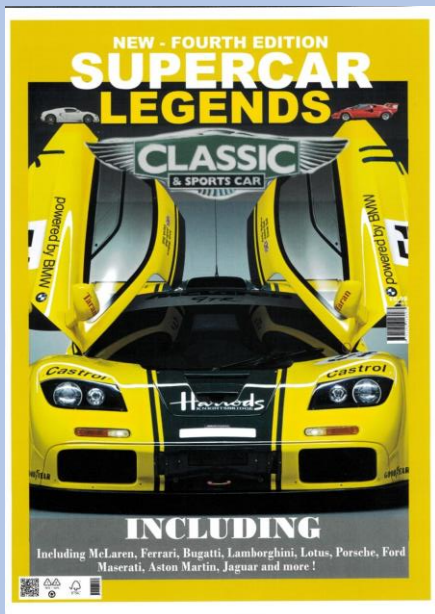


-Mrs Parker

Design & Technology Elective

In this elective we have developed our skills and knowledge to make detailed 3D designs. We use intelligent applications such as Affinity Designer to create illustrations, concept art, logos, brand designs, web mock-ups and so much more. We also use applications such as Autodesk Fusion 360 which offers various 3D design tools that include sketching, rendering, PCB design integration, sheet metal and assemble design.

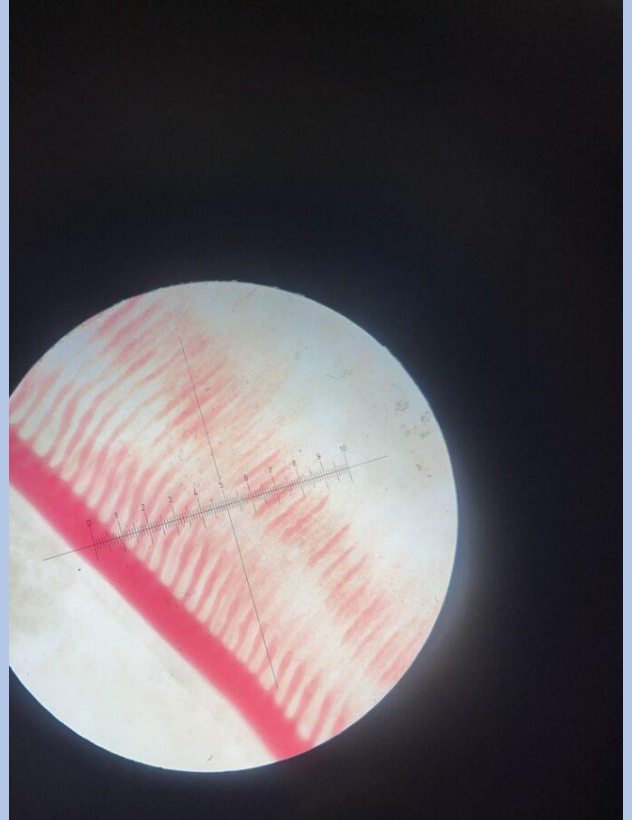
To sum up, this elective has offered very engaging challenges which have helped develop our cognitive and creative skills.



-Aaradhya Pandey

Year 12 Biology

Year 12 Biologists have been studying gas exchange in a range of organisms. Some very large fish heads from a local fishmonger gave them the opportunity to remove the gills and study their structure under the microscope.



Year 12 First Aid Course

Congratulations to Year 12 on completing their EEAST Heart First Aid course.

This course, which is organised by the East of England Ambulance Service, means that they can all assess a casualty using the Primary Survey, know how to perform CPR and use a defibrillator safely should they need to.

Year 12 were fantastic and really entered the spirit of the course supporting each other learning these practical first aid skills. A special thank you goes to Stefan Moffat in Year 12 who helped deliver the course. He is a St John Cadet and used his expertise to support the other students learn these important skills.



NHS
East of England
Ambulance Service
NHS Trust



-Mrs McLaughlin

BT Hothouse

In January, the whole of Year 12 were invited to spend a day at Adastral Park's Hothouse for an insight into a pressurised working environment. Hosted by Adam and Tom, who run Hothouse events for BT and other large corporations, the event posed questions to students who then had access to resources such as high-tech office areas, theatres and robots to research answers to their chosen topic.

The questions were designed by some selected students in advance of the event, and whilst all questions were technology focused, they ranged from how technology could be used in war to reduce casualties to how it could be used for improving the quality of life for the disabled community. To assist the research undertaken online, each group nominated two students to tour the BT Showcase which has some exciting new technologies that are being developed, to see how they could be applied to their chosen research question.

Once teams had completed their research, they had to deliver a presentation to all the other students. It was great to see the range of directions groups took for their research and the presentations they produced.

Personally, I found this day improved my teamwork, researching skills and presenting skills as well as providing me with an experience of a professional, high intensity situation. Thank you, Adam and Tom, for the opportunities that the day provided.



-Charlie Parr

High Voltage

On Tuesday 27th February, High Voltage Dance Company got to perform the culmination of 6 months worth of work as part of the Sadler's Wells Making Moves project.

Making Moves is a new choreography and performance project for schools and youth groups across England, run by Sadler's Wells and supported by Barclays. Connecting young people with the ideas of some of the world's most exciting choreographers, Making Moves aims to raise the profile of dance being created in school and youth settings, and offers a chance to perform on one of Sadler's Wells stages.

Running across the academic year starting in September 2023, Making Moves provided all 50 participating groups with digital choreographic toolkits created by four professional dance artists connected with Sadler's Wells. The toolkits are designed to inspire ideas for generating movement and contain a wealth of supporting resources. Kesgrave were lucky enough to be paired with Dannielle "Rhimes" Lecointe.

The project began with a training weekend at Sadler's Wells for group leaders, which Mr Ashworth attended, including masterclasses led by the choreographers. High Voltage then had to draw from the toolkits and work with to create a new dance work, which was performed in the Thomas Theatre at KHS and at our regional venue, DanceEast.



Following the regional performances which end in April, 8 groups from across the country will be invited to perform on Sadler's Wells stage in July 2024, to a public audience and a panel of professionals from the dance sector. One group will be given an award for Best New Choreography.

High Voltage did a brilliant job at representing Kesgrave as part of a national project and showcased the range of talent we have at the school.

-Mr Ashworth

Year 13 London History Trip

Both Year 13 history classes attended a trip to London to complement their learning on Lancastrians, Yorkists and Tudors (1399-1509).

We visited Westminster Abbey first, and looked at memorials to political and literary figures such as Winston Churchill, Franklin Roosevelt, Geoffrey Chaucer, W. H Auden, C. S Lewis and more. Additionally, we were able to visit the tombs of many of the kings mentioned on our course such as Henry V, Richard II and Henry VII, as well as those not on our course, like Edward the Confessor. Also, we visited the tombs of famed female historical figures, such as Elizabeth of York and Margaret Beaufort.

We then visited the National Portrait Gallery, allowing us to look at portraits of monarchs such as Richard III, Elizabeth I and Henry VIII, before visiting the Tower of London, allowing us to see the Crown Jewels and the Royal Armoury.

This trip was very helpful for helping us to consolidate our knowledge of the course, and gain some additional knowledge we didn't yet know. A big thank you to Mrs Bernstein and Mrs Wakeley for taking us!



Ski Trip – Leysin Switzerland

On Saturday 17th February, 43 students and 7 staff began the journey from Kesgrave to Switzerland! Pupils were fantastic on the journey, and we arrived in a sunny Switzerland on the Sunday afternoon.

The excitement soon started as pupils went to collect their skis and boots on the Sunday ready for lessons on the mountain on the Monday.

We also had some fun on Tuesday evening tubing! This involved pupils sitting in rubber rings and going down slides of ice! So many laughs were had here, some students even running round in the last few minutes to have just one more turn!

During the lessons across the week pupils were fantastic, showing resilience, courage and determination to learn this skill. It was so impressive to see students learn and take on challenges that they had not faced before.

Some of the highlights from students were the views from the chairlifts on the way up the mountain, the thrill of first skiing down a slope and the lightbulb moment when mastering a new skill like turns or a stop.

Our final day of skiing saw beautiful clear blue skies, sunshine and a fresh load of snow, we could not have asked for better conditions on the last day of the trip. A really excellent experience for all!



-Mr Roberts, Mr Finch, Miss Warfield, Miss Malster, Mrs Pringle, Mr Lee and Mr Matson

Ski Trip – Leysin Switzerland



U12 Green Tournament

On 21.03.24, Mrs Pringle took 9 year 7's over to Copleston to play in the penultimate green tournament of the season. There were five teams there in total, and the girls played brilliantly!

Across all four games we had some lovely netball with players adapting to new positions and working together excellently as a team.

Our first game was against Copleston A - who finished as the winners of the tournament. It was a tough start, but one that we got stuck in with. Very well done to Lily Heal who was awarded player of the match.

Our second game was vs St Albans, where we settled into the game early, and throughout both halves worked the ball up the court into the circle to score, we won the game and one of our shooters Valentina Bernades Zanatta was awarded player of the match.

Our third game was against the Copleston B team - this was a great contest. Tough play throughout, but Kesgrave fought hard! Unfortunately, we couldn't quite snatch the win, but very well done to Brooke Parratt who was awarded player of the match - in her very important Goal Keeper position!



Our fourth and final game was against Woodbridge school. Woodbridge were strong opponents, but we definitely made them work hard. Our girls continued to show determination throughout this game, despite being tired! Woodbridge took the win, but a final well done to Felicity Chapple who took Player of the match.

A great tournament, lots of learning and some excellent netball. Very well done to the girls! We finished fourth overall.

-Mrs Pringle

U12 Netball

On Tuesday 19th March 9 Year 7's represented Kesgrave High School in a tournament here at Kesgrave. The girls played 3 games, of ten minute halves against Stoke, Holbrook and Felixstowe.

The first game against Stoke we won 9-2 with Grace Wheatley receiving player of the match – scoring some excellent goals.

The second game vs Holbrook we won 4-3 – a really tight game, where we came from behind in order to win! Player of the match was awarded to Felicity Chapple who made some excellent interceptions throughout.

The final game, ended up being the decider was against Felixstowe. We took the initial lead in the game, however at half time we were just one goal behind. The second half we fought really hard, but we had come up against a strong Felixstowe side who took the win – final score being 8-6 to Felixstowe. Player of the match was awarded to Skye Dowson who worked hard across the court to keep the momentum going.



It meant that overall we finished 2nd in the tournament, really fantastic play from all of the girls involved!

-Mrs Pringle

U12 Blue Netball

The Netball League is changing this year as a trial, and rather than running a league, instead each team will play one tournament every half term. On the 18th October Kesgrave hosted and participated in our first official Netball tournament for our year 7's.

There were twelve girls within our team and despite the colder weather, and rain they played brilliantly! We played four games, won two, drew one and lost one. Overall, we finished 3rd out of 5 which is a great achievement for our first ever tournament.

Please say well done to the girls!

Lily Heal
Maddie Prentice
Grace Wheatley
Freya Smith
Eleanor Wright
Skye Dowson

Kensi Stout
Bailey Green
Alissa Shaw
Mimi Todd
Brooke Parratt
Jess Reavell



-Mrs Pringle

Year 10 Netball

In January, the Year 10 KHS netball team played a great match against Ipswich High School and won 17 -8. Huge congratulations to all those involved and Player of the Match Bella Smith!



-Mrs Chapman

U13 Boys County Cup Results

Results: Kesgrave 9 - 0 Woodbridge School.

Kesgrave proceed to the Semi Final.

A fantastic team performance which saw 16 players all play at least one half of football. Kesgrave dominated from start to finish. We were solid in defence, our wide players wreaked havoc with their pace and trickery, and our midfielders and strikers were combative, hardworking and a constant threat in front of goal.

Congratulations boys and good luck on the Semi Final!

Goals by

Billy Soar x 3

Henry Rice x 2

Isaac Woods x 1

Oliver Gaffer x 1

Ryan Page x 1

Jacob Dersley x 1

Player of the Match - Ryan Page



Year 8 Futsal

Congratulations to the Year 8 boys Futsal (5 a-side) team who were crowned County Champions last week.

The final was played at Thurston Community College where Kesgrave took on 4 other school who like Kesgrave had won their first-round heats and who were all very competitive and able teams.

In their first two games Kesgrave beat Thurston and Debenham 2-1, they then drew 2-2 with Sir John Leman in the third game. Going into the fourth and final game the lads new winning or drawing it would mean they would win the title - their determination, pace and threat in front of goal couldn't be rivalled, they won their final game beating Mildenhall 4-0.

We took a squad of 10 players and all played a pivotal role in the success of the team. Kesgrave were the only team not to lose a game, the boys maintained their discipline throughout, yet showed great sportsmanship along with a steely determination to win.

In Year 7 this squad of players were crowned County Cup Champions (11 a-side), and this performance showed everyone, they still mean business and want to retain that crown as well. They hoping to play the semi final game before Easter and are hungry for more silverware.

The effort each player put into the Futsal final and the high standard of performance that they demand from each other, its clear this team means business. Good luck in your semi final and fingers crossed for the final.

Mr Finch



English Schools Cross Country

A big congratulations to the following students who have made it to the English Schools Cross Country representing Suffolk, the most athletes Kesgrave have ever had reach this stage. Athletes travelled to the Pontefract Race Course after qualifying from the Anglian Schools race in February.

There are 46 counties/areas represented and whilst we are relatively low in terms of population Suffolk still achieved really well:

- Junior Boys 28th
- Junior Girls 15th
- Inter Girls 9th
- Inter Boys 14th
- Senior Girls 30th
- Senior Boys 7th

Some excellent performances from the following:

- Riley Easton 207th
- Jason Georgalas 242nd
- Harriet McCart 88th
- Harry Read 92nd
- Regan Tuck 95th
- Jess Read 295th
- Lauren Squirrell 201th

Well Done to all Kesgrave students involved.

Miss Malster



English Schools Cross Country



Royal Academy of Art Competition

Taking inspiration from the annual Summer Exhibition, the Young Artists' Summer Show is an opportunity for young artists aged 4 - 19 years to exhibit their work online and on-site at the Royal Academy.

Every year the Royal Academy of Art in London put on a summer show of young artist's work. The Royal Academy is one of the most prestigious art universities in London and to be able to exhibit in one of their shows is an amazing opportunity.

All the artworks are viewed and judged by a panel of experienced and passionate artists and arts professionals, who work together to select which artworks will be shown online and which will be shown at the Royal Academy.

We have had several successful applications in previous years and there have been a number of amazing entries from students across every year group. This year we have had 35 individual entries submitted across each year group. Judging begins in May and the Exhibition opens online and in person at the RA from July to August.

Below is a list of all entered students. We wish them the best of luck in the judging process! A selection of entries are shown below:

Art Department



seascape
Elizabeth Tink



Glytch
Indiana Rivers

Royal Academy of Art Competition



Femme
Emma Drake



Face Value
Emily Pearce



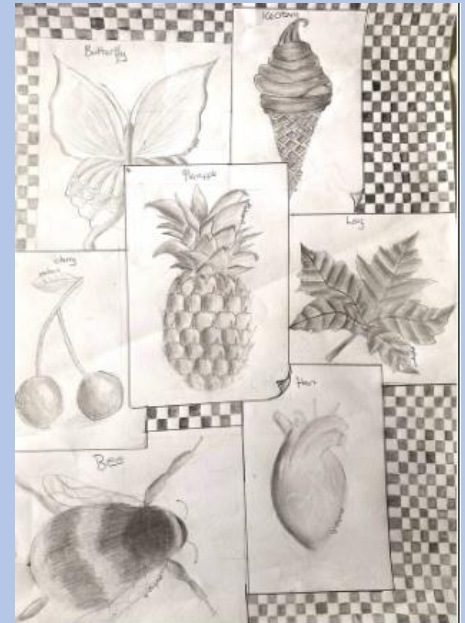
Tranquillity
Lilly Rae Pope



Zebra
Lucy Jennis



hot air balloon
Kensi stout



Tonal drawings in one
Maliya Goodrich

Life as we know it

So, this year's show looked to explore life as we know it, literally. Life is certainly colourful and not to be taken for granted. We get one go at 'this' and whilst we will be faced with life changing, shaping, positive experiences we know that challenges and tough times will present themselves - is it these that change and shape us?

There were messages within the pieces that we can all associate within some way, shape or form. Some of those messages may be uplifting, positive, beautiful, other may be more thought provoking - even sad.

Social media and technology are shaping our lives and lifestyles in a way none of us expected or fully appreciate. It is important that whilst we look to navigate the highs and challenges that life brings, we take time to stop and reflect, enjoy the real moments of connection and find a healthy balance that allows us as a human to live, breathe and thrive.

The 106 dancers really were the 'stars' of the show and our finale 'A Sky Full of Stars' was our way of celebrating all of them and the energy they gifted us with their work throughout the show.

Time, passion, commitment and a joy of dance exuberated from each and every performance. Dancers.....You smashed it!



-Mrs Chapman

The Mercians

On Wednesday 28th February, Kesgrave High School played host to The Mercians, who performed live music and gave a talk on mental health and misogyny. Year 11, Year 10 and Year 9 students all witnessed a fantastic live performance and talk from the band with students thoroughly enjoying the experience.

Students found the live music and the personal stories from the band regarding their mental health struggles insightful and took away from the event the understanding of the importance of speaking up and sharing their thoughts with others to ensure positive mental health.

"I thought they were a very entertaining loud band that caught the attention of many people and were very calm and interactive." – Logan Watson

"Not only was their music a mix of own songs and covers, which were incredible to listen to, their stories were inspiring to hear and helped our knowledge to grow as it gives us an opportunity to listen to other mental health stories. The band helped us further understand our wellbeing topic which is being taught throughout our PSHEE sessions." – Milliana Osborne and Jess Raby

"I thought it was really good because it was a good atmosphere and showed us lots of reasons why not to give up. It gave me inspiration. The band was exciting and entertaining, keeping me on the edge of my seat." – Kayman George

It was an unforgettable experience for all.



Crochet Club

Crochet club has been busy this year, we have had lots of new members along with returners. We particularly enjoyed meeting everyone at the wellbeing fayre where we showed off our projects and even sold some of our handywork!

We meet every Monday and Thursday lunchtime in S15 and welcome all members of the school community – all staff and year groups! You can even bring your lunch whilst we help you get started or can continue your own project.

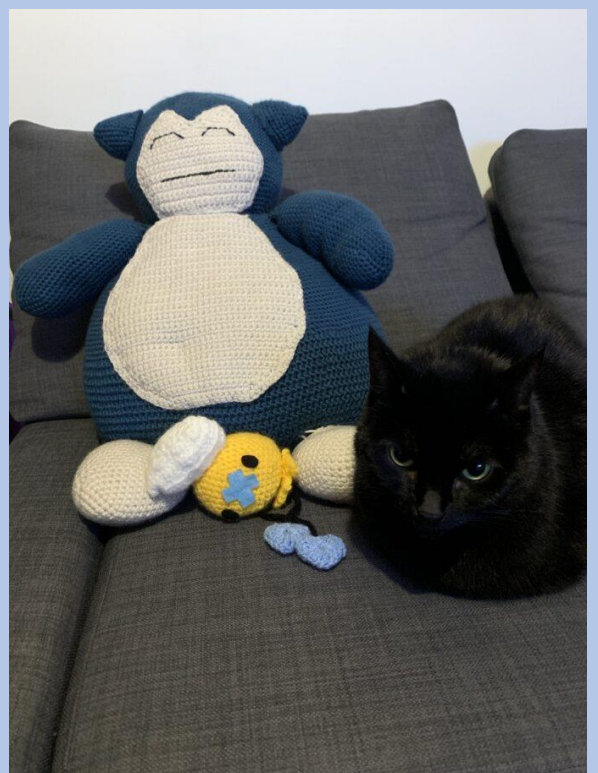
Crochet Club isn't funded so we rely on the kind donations of our local community – THANK YOU to everyone who has gifted yarn, hooks and project books this year, our members have enjoyed working with all the different types of yarn and colours and producing exciting projects using them! If you come across any spare crochet hooks or yarn, or know of someone who has, further donations would be greatly received as our club continues to grow!

Here are some makes from our members this year:

- Emily Sones M9 – Orange and black snake.
- Leona Groom D9 – Pink and white granny square blanket made for her baby sister's doll.
- Lily Parker S7 – Pink and white cow in soft yarn.
- Katie Jones SN8 – Crocheted hairbands for a Christmas stall.
- Kyle Groom M7 – managed to make a chain as long as Miss Hartill (impressive even though she is vertically challenged!).
- Myonie Saunders SU10 – came to learn with us and persevered to make her first orange chain.
- Miss Hartill and Mrs Anthony – have been working on a range of different blankets and toys, learning new stitches and skills to pass on.



Crochet Club



Textiles Craft Club

This half term, the textiles craft club have been getting in the mood for Spring with some 'Bunting.'

We have used stencils and the sewing machine to create our bunting.



Year 13 EPQ

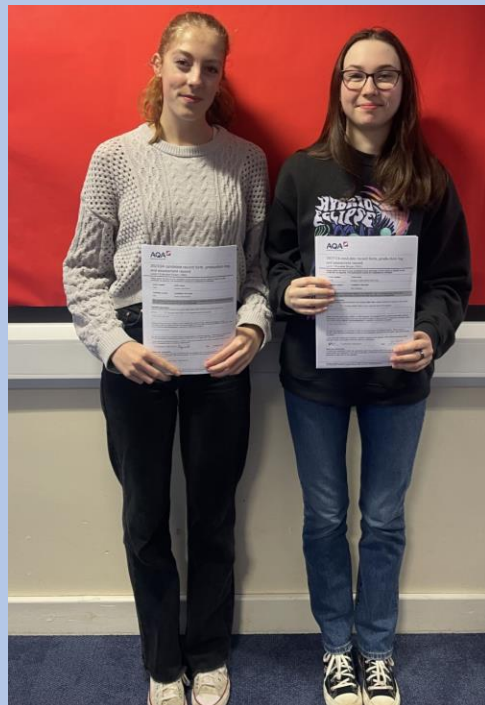
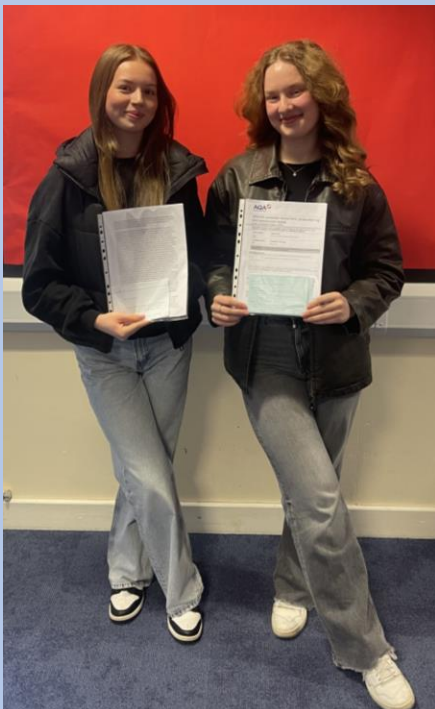
A huge congratulations to our Year 13 students who have just completed their EPQ (Extended project Qualification). EPQ is an A-level standard standalone qualification designed to extend and develop students' abilities beyond the A-level syllabus and prepare for university or their future career. Students have been working hard throughout year 12 and 13 to produce a project which is of interest to them. The process has involved many research skills such as, finding sources to support their research question, the process of referencing, formulating a research question. Many students have taken this further by conducting their own primary research.

At the beginning of March 2024 students presented their research findings to other students, staff, and governors. All students presented to a very high standard, the confidence and passion demonstrated by students was very impressive. Many students explained that their project has helped them in deciding their future career / study options. Olivia, one of our year 13 EPQ students has expressed that her research into social services has been very beneficial to her in her application process to become a social worker which she has been successful on securing a place on. Many students have also been able to raise an incredible amount of awareness into certain disorders such as FASD (Fetal alcohol spectrum disorders). Please see below the EPQ title's students have researched:

- To what extent is social workers mental health supported?
- To what extent has the gender of female monarchs affected their ability to rule?
- What evidence is there that the Sugar Tax will have a positive effect on the dental health of the UK juvenile population in the next twenty years?
- Does the UK prison system in our contemporary society have more negative effects on offenders and society as opposed to positive effects?
- Why has there been a decrease of women in the computer science industry in the UK?
- To what extent has the media impacted Dr Swift's feminist ideologies in her 1989, Reputation and Lover Albums.
- How can teachers be helped to understand FASD?
- Is genetic engineering a viable practice for the future?
- Modelling real-life scenarios

Again, a massive well done and congratulations to these year 13 students who have successfully completed and handed in their projects. We look forward to seeing the research outcomes of our current year 12 EPQ students.

Miss Fitch



Library News

At student's request I have been able to obtain some LGBTQ+ books for the library. These are both fiction and non-fiction titles and are on display for all to access. These have been a popular addition to the library. Students have embraced the display, and it has created lots of open discussions.

World Book Day 2024.

On March 7th we celebrated World Book Day in school. During the week I have welcomed classes of Year 7s and 8s into the library to enjoy a bit of time to read their books and/or look for something different. This was also a great opportunity to give them each a World Book Day voucher which they can either exchange for a special World Book Day book or use it as £1 off a book of their choice.

As staff, the option to dress up as characters from Harry Potter was presented. Please see the photo of the English Department's efforts. We also received a wonderfully kind donation of Usborne books from Hair Ministry Ltd working in partnerships with Ready Steady Books. These will be a fantastic addition to our Wellbeing display in the library. (See photo). The library is open at break and lunchtimes and on a Friday, we have Origami Club. All are welcome!



International Womens Day

International Women's Day (March 8) is a global day celebrating the social, economic, cultural, and political achievements of women. The day also marks a call to action for accelerating women's equality. To mark the occasion the Suffolk FA in partnership with Ipswich Town Football Club held a series of 7 a-side football tournaments for girls.

On Friday morning a Kesgrave team from year 7 attended and competed against 11 different schools from Ipswich and Suffolk. All the girls enjoyed the challenge, competed well and showed some excellent teamwork and sportsmanship. The girls had a great time but the tournament was eventually won by a very strong Chantry Academy team.

On Tuesday 12th it was the turn of the year 8 girls, who went into this tournament full of confidence, wanting to retain the title they won in Year 7. The team performed brilliantly finishing first in their mini league with 2 wins and 1 draw. This meant they progressing to the knock-out stages with 3 other teams.

In the semi-final KHS beat East Bergholt which meant a very strong Hadleigh team stood had to be defeated in the final if they were going to retain their title. The girls battled hard, passed the ball with flare and were clinical in front of goal. They took control of the game early and despite the tough opposition, won the match 2-1, retaining their year 7 title of tournament winners.

Both Kesgrave teams, displayed great skill, reliance and humility. They were a credit to the school as well as themselves.



-Mr Finch

Year 8 Play2Day

Following another hugely successful term for Year 8, over 250 students enjoyed an evening of fun and socialising at Play2 Day last week.

With so many Year 8 students performing in the Dance Show, School Musical and Spring concert not to mention the continued sporting success of the Year 8 girls and boys' football and netball teams, it really has been a fantastic term for extracurricular involvement and students experiencing the enrichment this can bring to their school lives.

The achievements in the classroom also continue with the attainment and commitment to Learning data on student's latest school report, indicating the vast majority of Year 8 students continue to progress and strive to meet the high expectations we have for them in terms of behaviour and attitude.

Well done Year 8,
Mr Finch and Mrs Carey



Year 8 Play2Day



Geography Iceland trip

On Friday 15th March, a group of GCSE and A-Level students set off for a jam-packed weekend in Iceland. We visited magnificent waterfalls, frozen glaciers, hot springs and a whole host of other stunning landscapes. We also visited the breathtaking Sky lagoon and fascinating lava museum.

Accompanied by an incredibly knowledgeable local tour guide, we travelled by coach around Iceland making frequent stops to visit many of the sights on offer. In the VERY early hours of the morning on the coach ride to the airport on our final day, we were lucky enough to see lava flowing from below ground at the side of the road!

The trip was a fantastic opportunity for all – a big thank you to Mrs Ward, Mrs Pestell-Love, Mr Goldberg and the geography department for making it happen!



- Bethany Wildon

Geography Iceland trip



Snape Celebration Concert

On Friday 15th March 44 students from the School of Rock cast and band performed at Snape Maltings Concert Hall. The school were invited to take part in the annual Celebration event, and we decided to show off the wonderful talents of our musical cast.

During the day, the students were kept busy with composition workshops with Aldeburgh Young Musicians and rehearsals for the mass finale song. The song 'We are here' written by Jessie Maryon Davies was written in collaboration with students from all over the county including our own Year 10 students back in October. The ideas from our school made it into the final song to form the pre-chorus section!

The students conducted themselves brilliantly on the day. Not only did they act in a professional manner in the sound check and rehearsal and were active and engaged participants in the workshops, but they also gave a fantastic final performance! The staff at Snape were extremely complimentary of the talent of our students and we are all extremely proud to be able to work with such talented individuals.



Spring Concert

Our Spring concert on Wednesday 20th March was a wonderful end to quite a short term. However, the quality of the final performance was not hindered by a shorter rehearsal period. Students from Year 7 through to Year 13, plus staff members, put on a brilliant show of all the talent that our music department has to offer.

Not only did we have the groups rehearsed by music teachers such as our choirs, Jazz band, Big Brass, Strings and Woodwind, there were also some bands from year 10 and year 13 that rehearse themselves. We love to see students enthusiastic about playing music together and welcome anyone to use the practice rooms in order to do this. We also had 3 soloists this time, something that takes enormous courage! Well done to all the students involved, we are very proud of your achievements.

If students are interested in joining a music ensemble then please ask them to come to the music and drama team room and we will give them all of the information they need.



-Mrs Coles

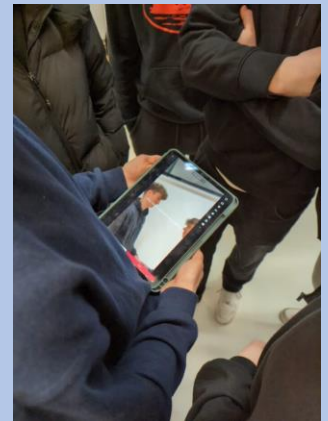
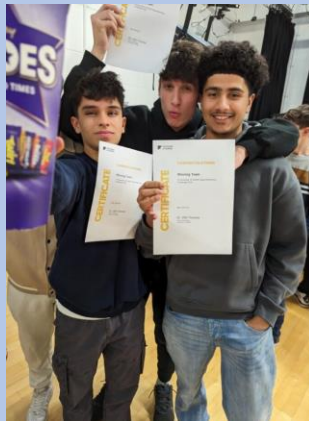
University of Suffolk Trip

On Wednesday 28th March, Year 12 Business students spent the day at the University of Suffolk Business school. Here they were greeted by the head of faculty, Will Thomas, and his team for a talk about courses and progression at the university, followed by a tour of the campus.

We then took part in two workshops, digital marketing and digital product creation. For the digital marketing, students were put into groups and had to produce a TikTok advert for trainers to a randomly generated market segment. In this workshop we used the studios, lights and equipment to make two different adverts – taking turns to act, direct, film and edit the short form videos.

The digital product creation saw groups work on a product or service with the support of the faculty staff to consider the wide range of topics that need to be clarified in the launch of a new product/service. Both workshops had winners who received certificates and a box of chocolates for them to share!

Well done to all the winning teams!



-Mr Tingey